Dark Patterns at Scale:

Findings from a Crawl of 11K Shopping Websites

Gunes Acar

Joint work with: Arunesh Mathur, Michael Friedman, Elena Lucherini, Jonathan Mayer, Marshini Chetty, Arvind Narayanan









Overview

- 1. What is a dark pattern?
 Definitions & examples
- 2. How do we identify dark patterns on the web at scale? Automated measurements & prevalence
- 3. What can we do about dark patterns?

 Legal / technical solutions, and future work

What is a Dark Pattern?

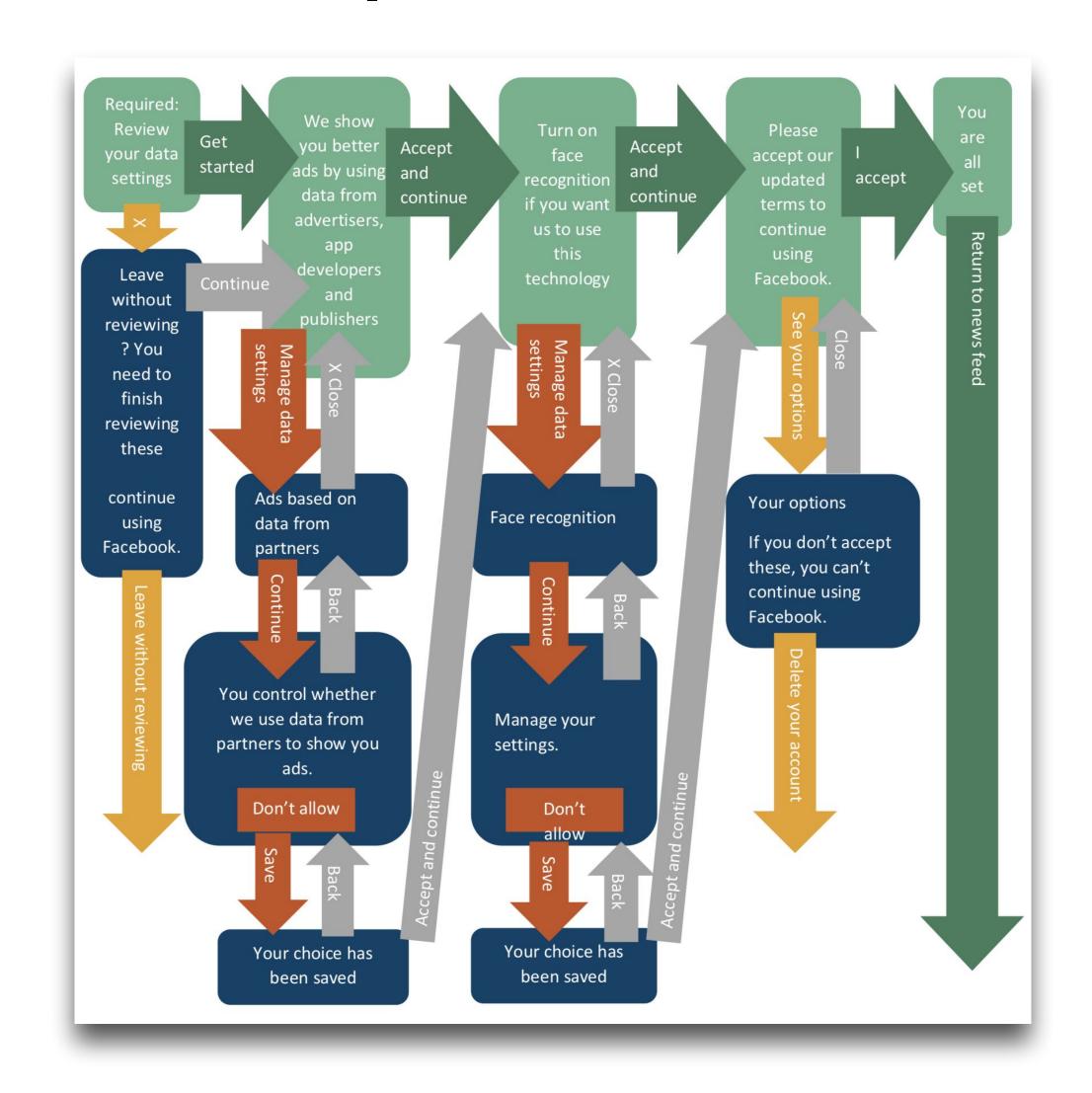
Example #1: Instagram Ad



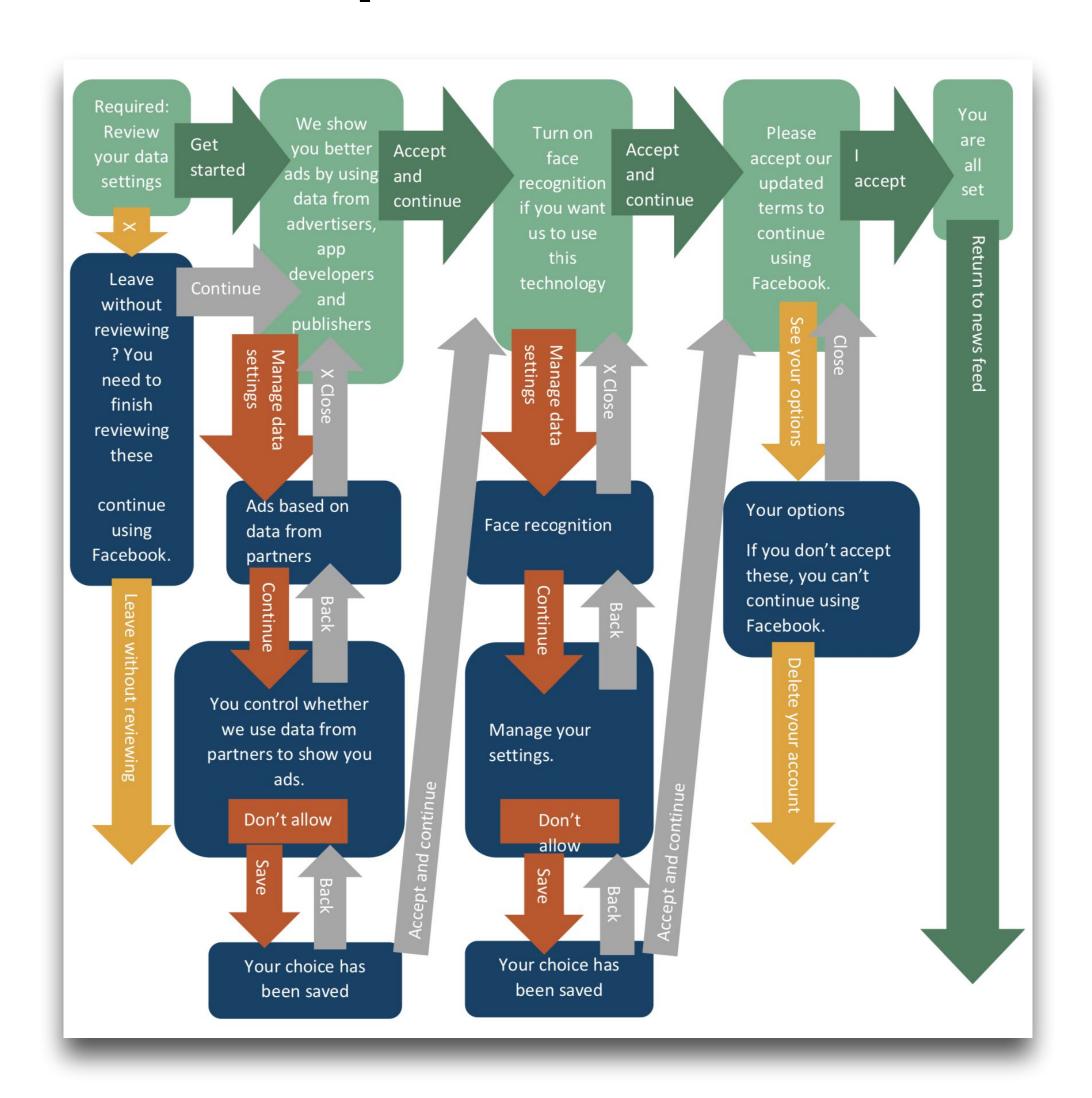
Example #1: Instagram Ad



Example #2: Facebook Consent



Example #2: Facebook Consent



3 clicks to accept 14 clicks to reject

Example #3: Virgin Active Marketing

HOW WE CONTACT YOU

By providing your details you agree that we can contact you (including by electronic means such as email, SMS and MMS) about promotions, special offers and discounts from Virgin Active. If you would prefer not to hear about these please untick this box.

We would also like to share your information with other Virgin companies and other carefully selected organisations so that they may contact you from time to time (including by electronic means such as email, SMS and MMS) about promotions, special offers and discounts we think may be of interest to you. Please untick this box if you would like to hear about these.



Example #3: Virgin Active Marketing

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Untick to opt-out

Example #3: Virgin Active Marketing

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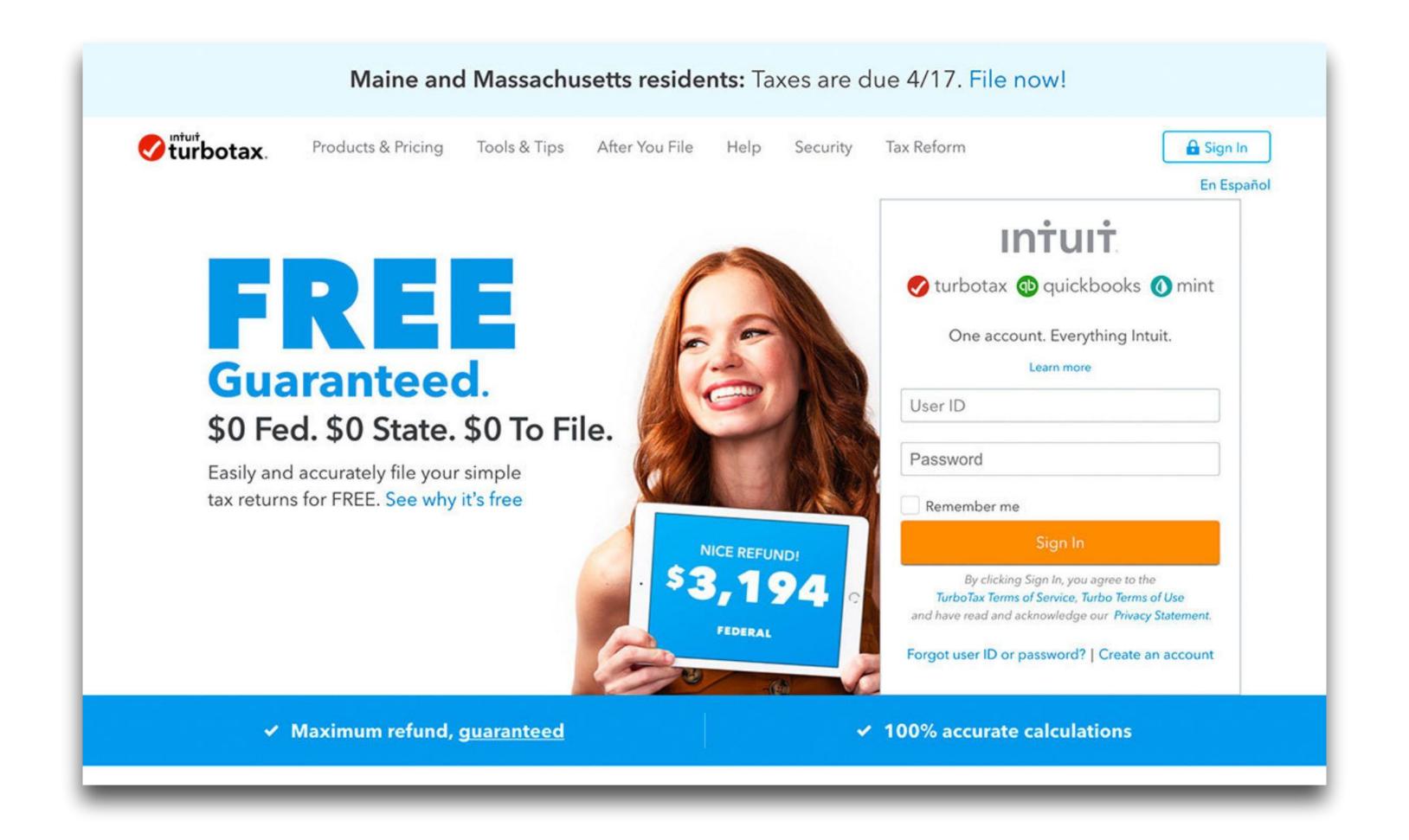
We would also like to share your information with other Virgin companies and other carefully selected organisations so that they may contact you from time to time (including by electronic means such as email, SMS and MMS) about promotions, special offers and discounts we think may be of interest to you. Please untick this box if you would like to hear about these.



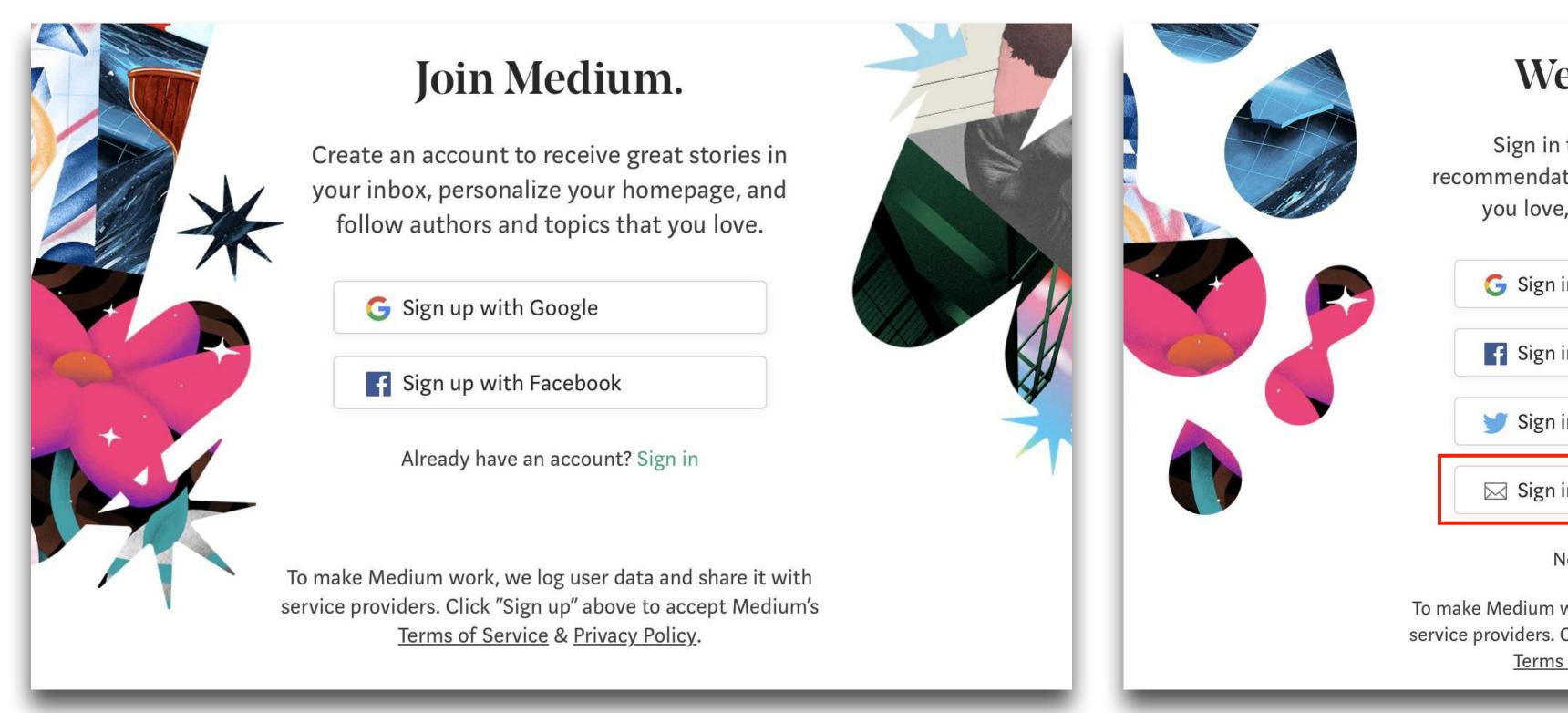
Untick to opt-out

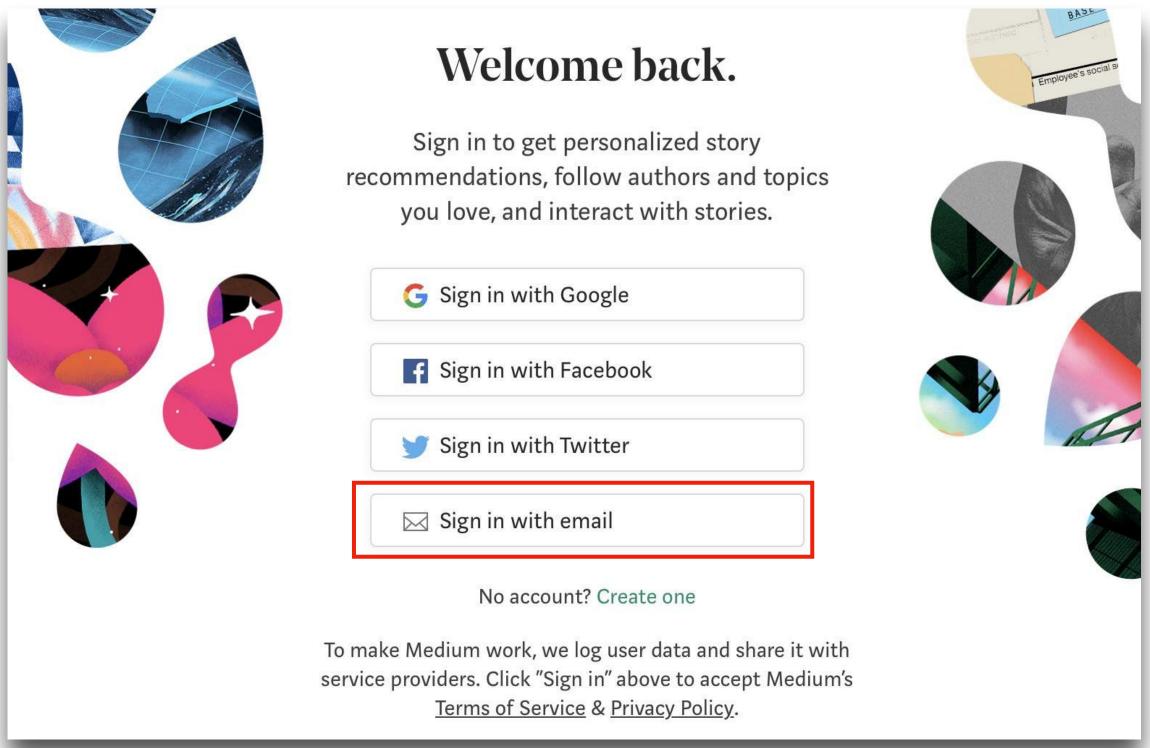
Tick to opt-out

Example #4: TurboTax Pricing



Example #5: Medium Account Creation





"

Dark patterns are tricks used in websites and apps that make you do things that you didn't mean to, like buying or signing up for something.



- Brignull, 2010

More Broadly...

Dark patterns are user interface design choices that benefit an online service by coercing, steering, or deceiving users into making decisions that — if fully informed and capable of selecting alternatives — they might not make.

Asymmetric

Covert

Deceptive

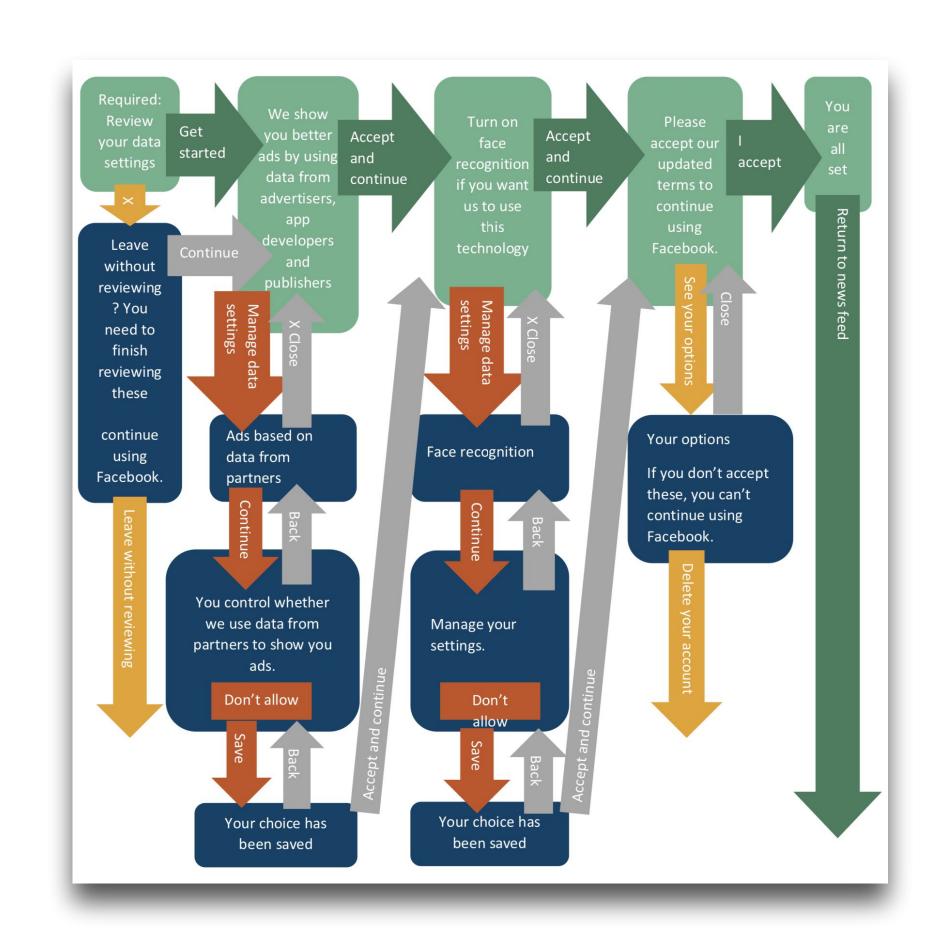
Hides Information

Asymmetric

Covert

Deceptive

Hides Information



Asymmetric

Covert

Deceptive

Hides Information

Restrictive

HOW WE CONTACT YOU

By providing your details you agree that we can contact you (including by electronic means such as email, SMS and MMS) about promotions, special offers and discounts from Virgin Active. If you would prefer not to hear about these please untick this box.

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Asymmetric

Covert

Deceptive

Hides Information

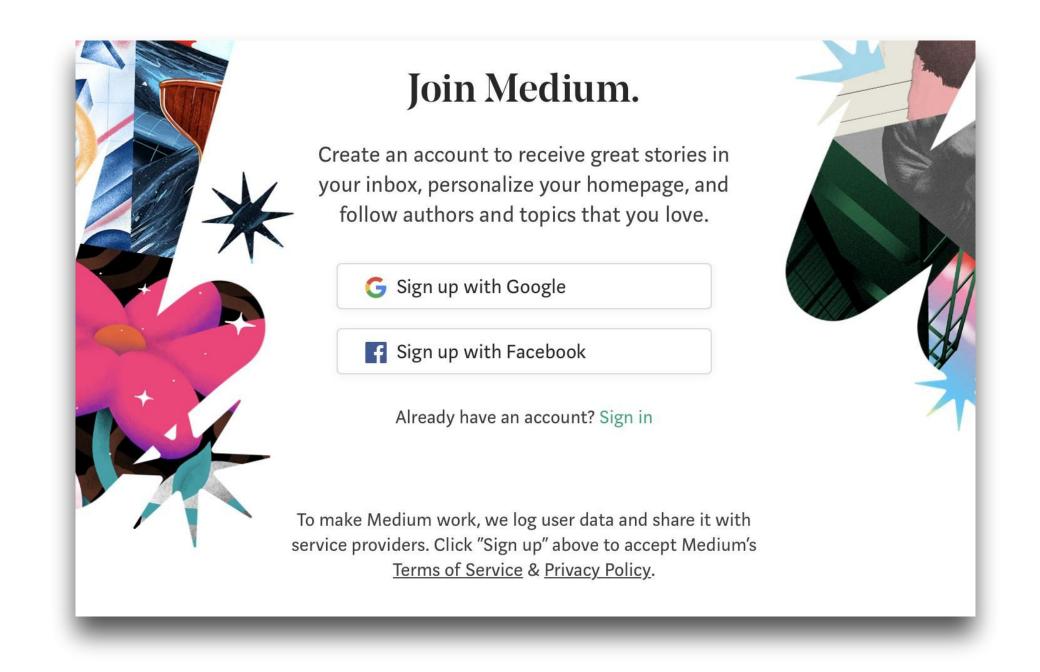


Asymmetric

Covert

Deceptive

Hides Information

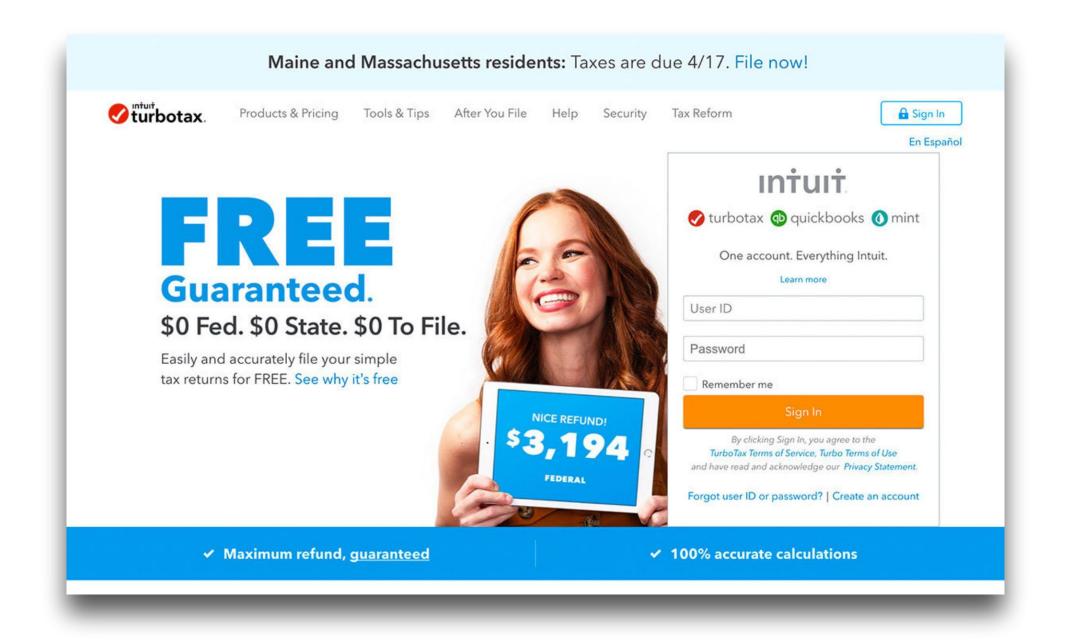


Asymmetric

Covert

Deceptive

Hides Information



Why Use Dark Patterns?

Money	Nudging you to buy more
Data	Getting around privacy protections
Time	Making apps addictive

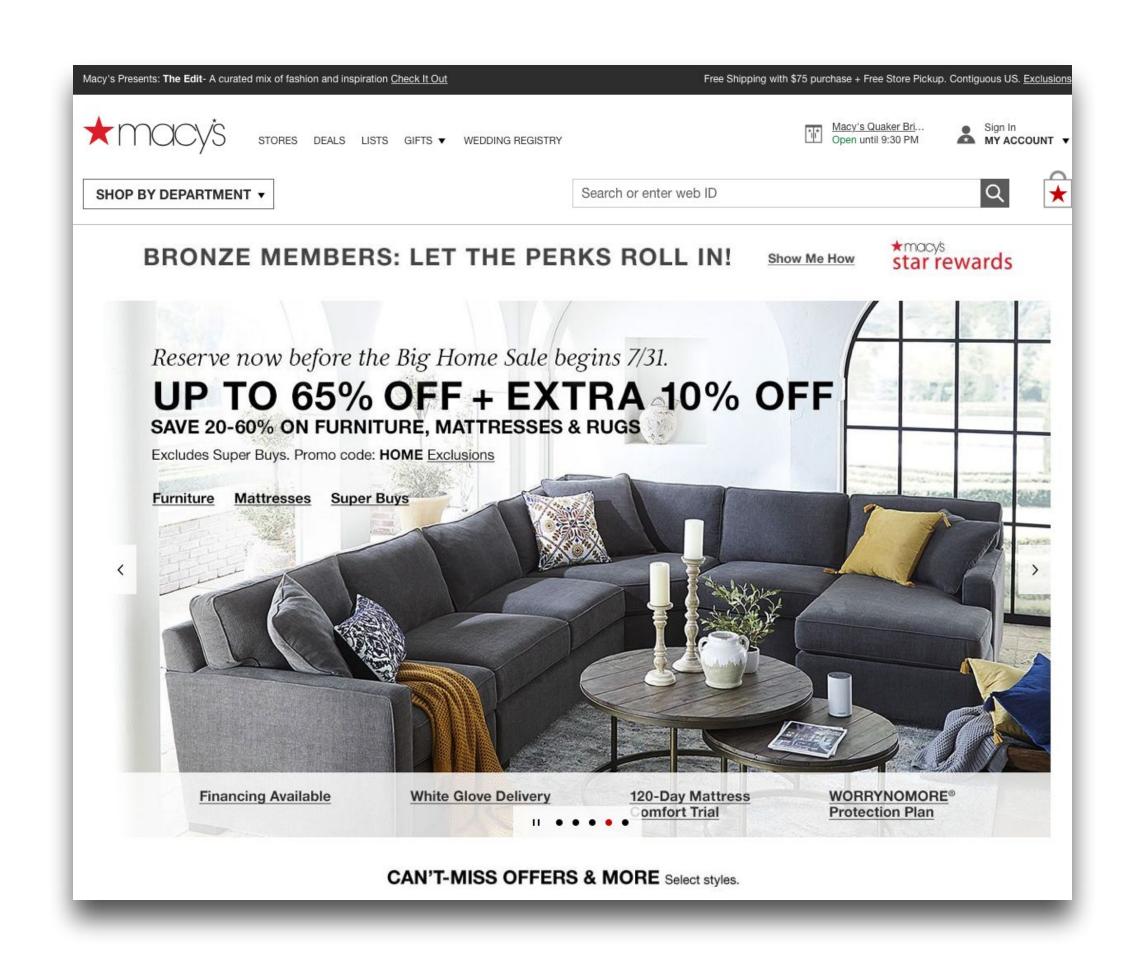
How can we identify and measure dark patterns on the web at scale?

Why Measurement?

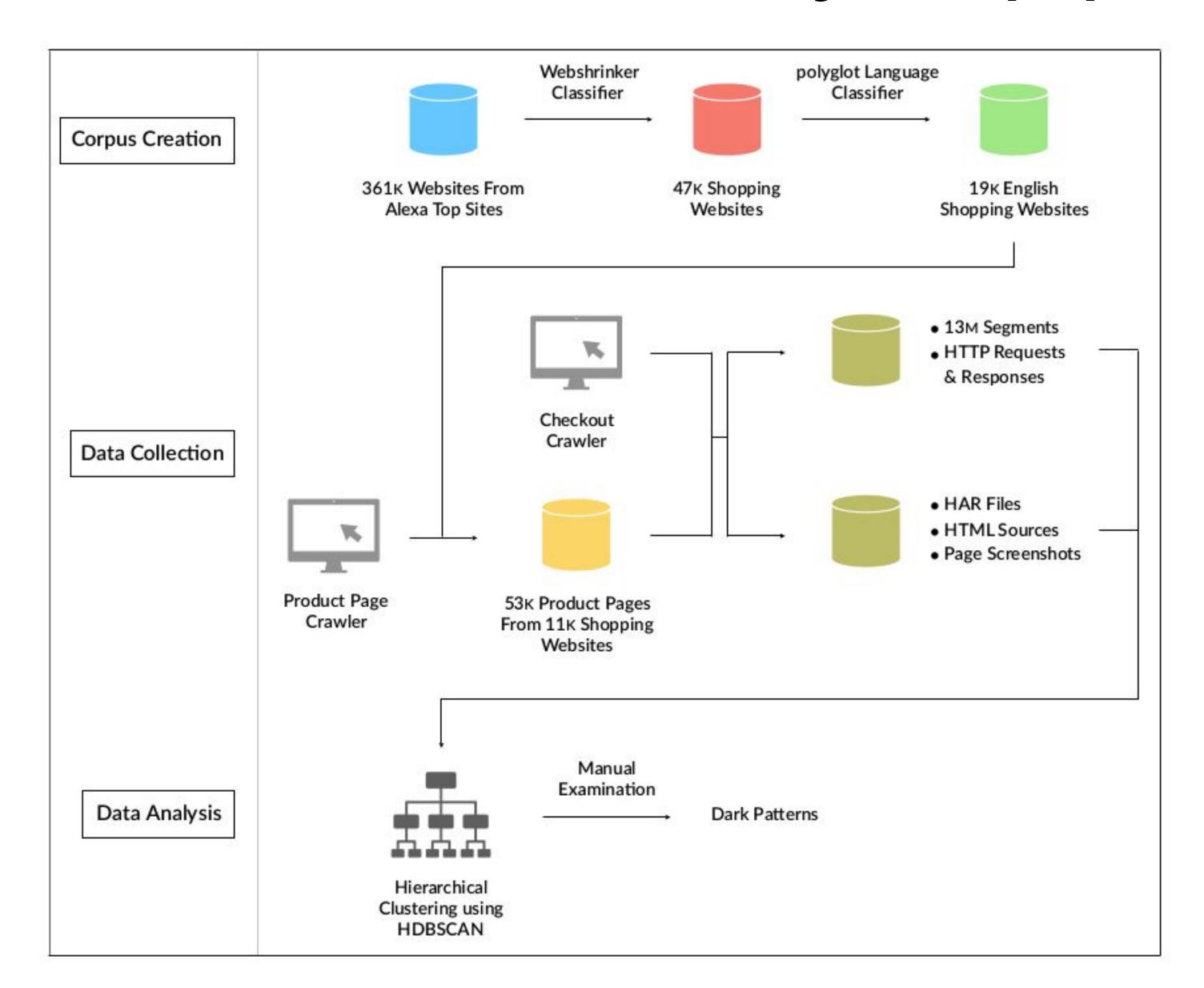
- 1. Document various forms of user-facing patterns.
- 2. Measurement can be the basis of building defenses.
- 3. Companies respond to public pressure. Precedents include privacy & security measurement studies.

Our study: Shopping Websites

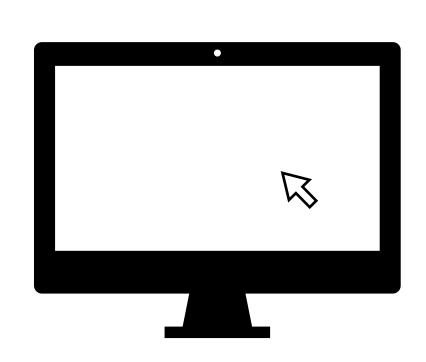
- 1. Several anecdotal examples of dark patterns.
- Gathered a corpus of 11K of the most popular shopping websites worldwide.



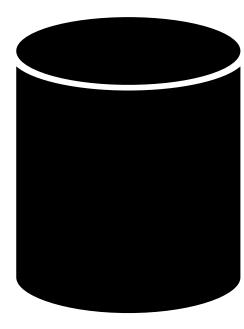
Data collection and analysis pipeline



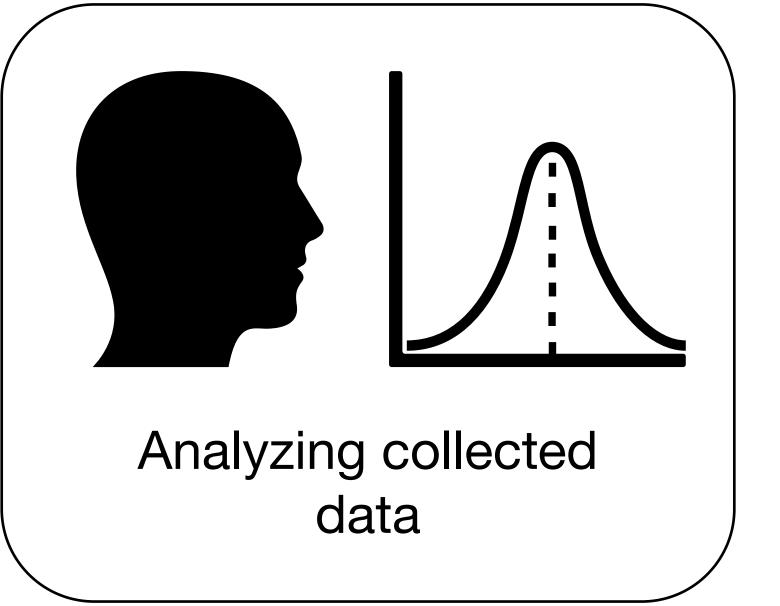
Three Key Challenges



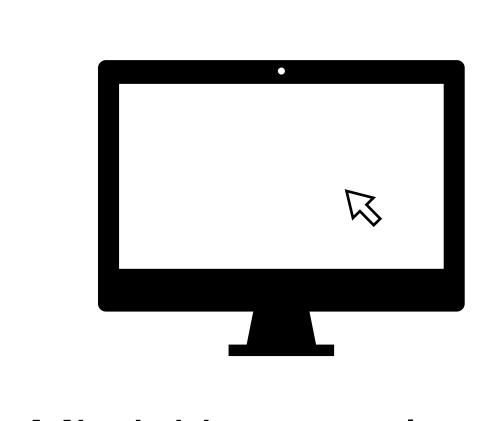
Mimicking a real user browsing websites



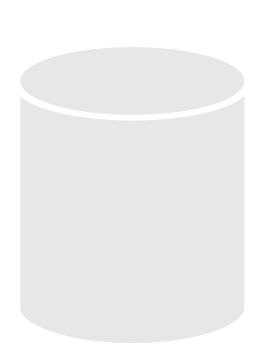
Collecting and storing data from websites



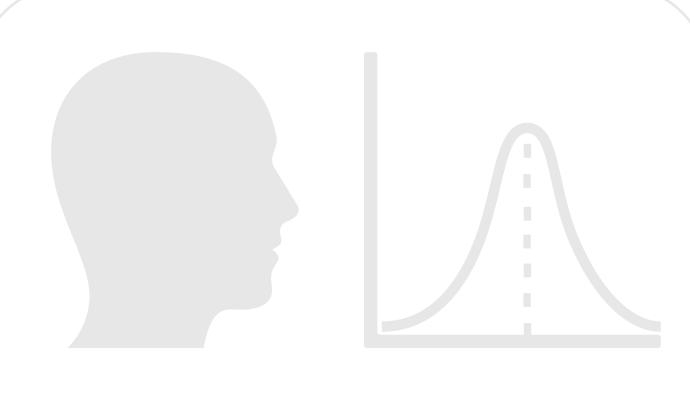
Three Key Challenges



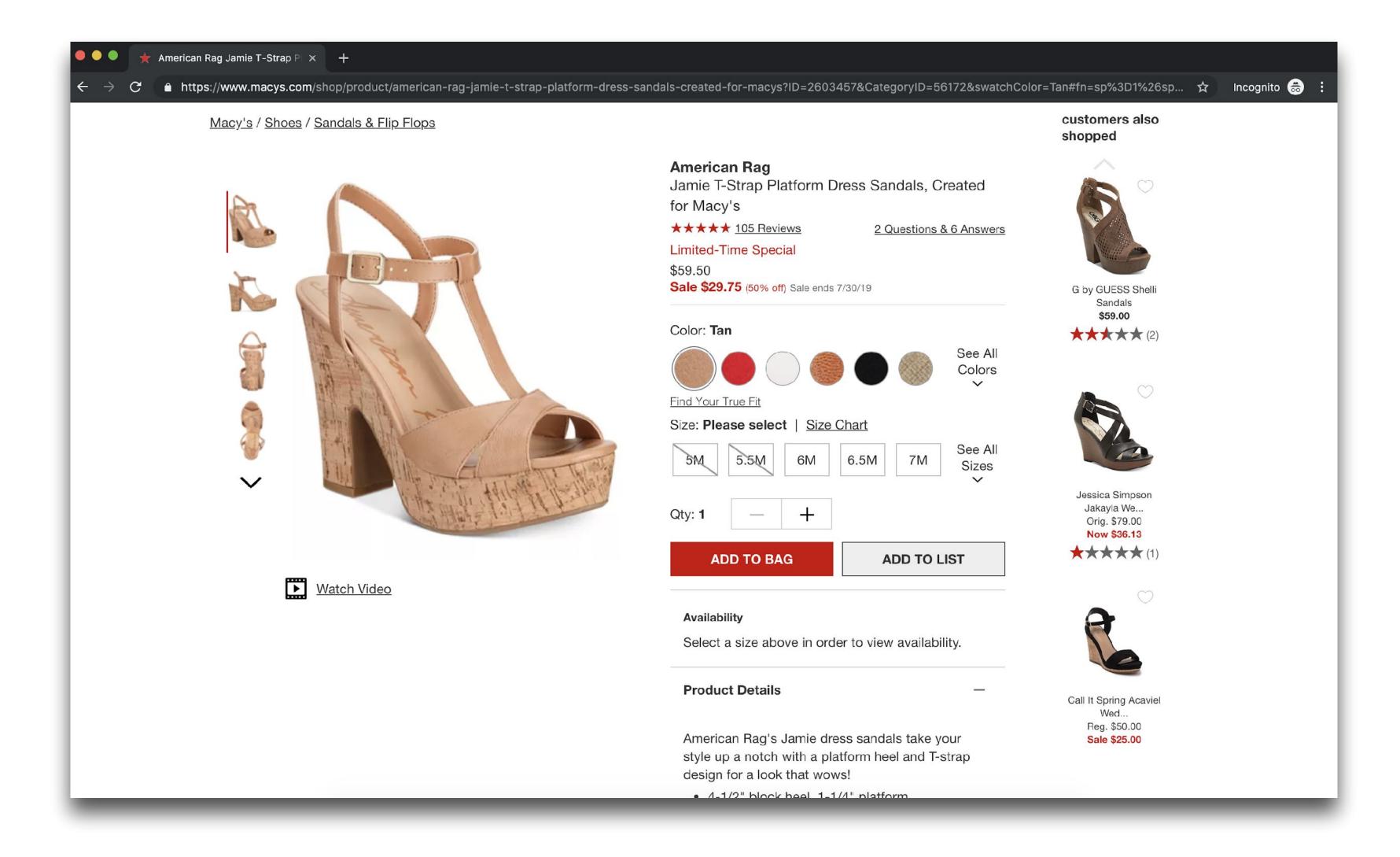
Mimicking a real user browsing websites

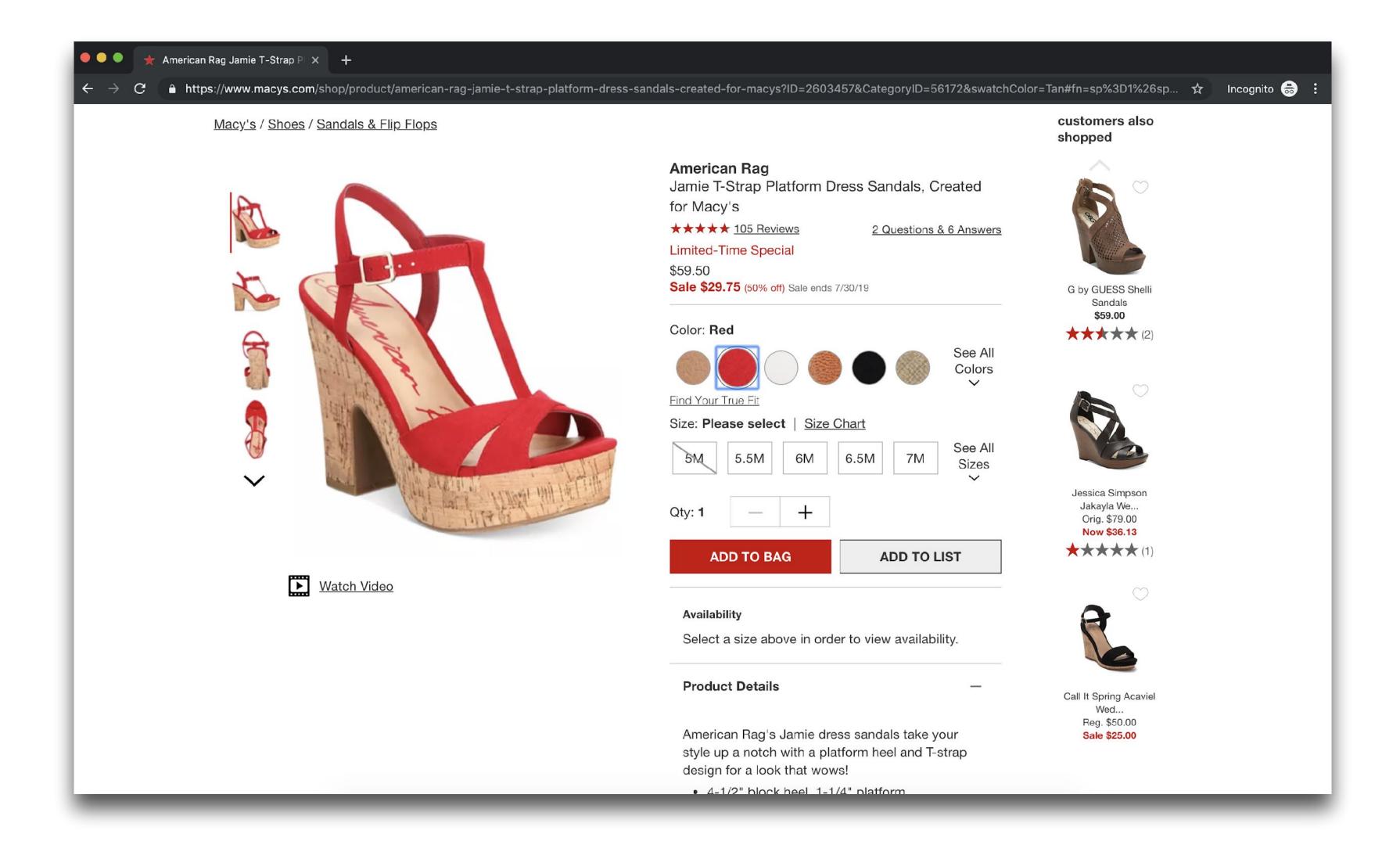


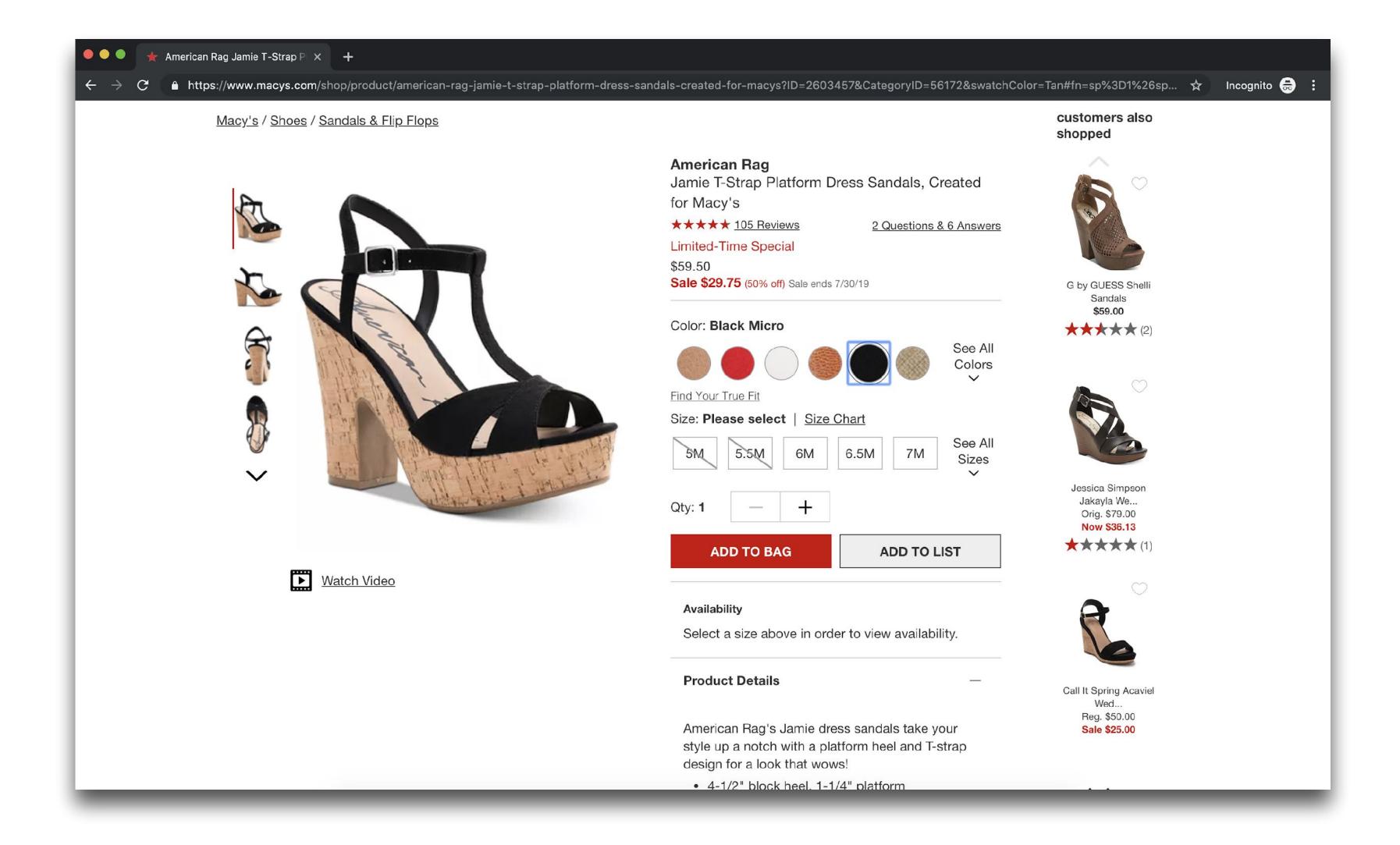
Collecting and storing data from websites

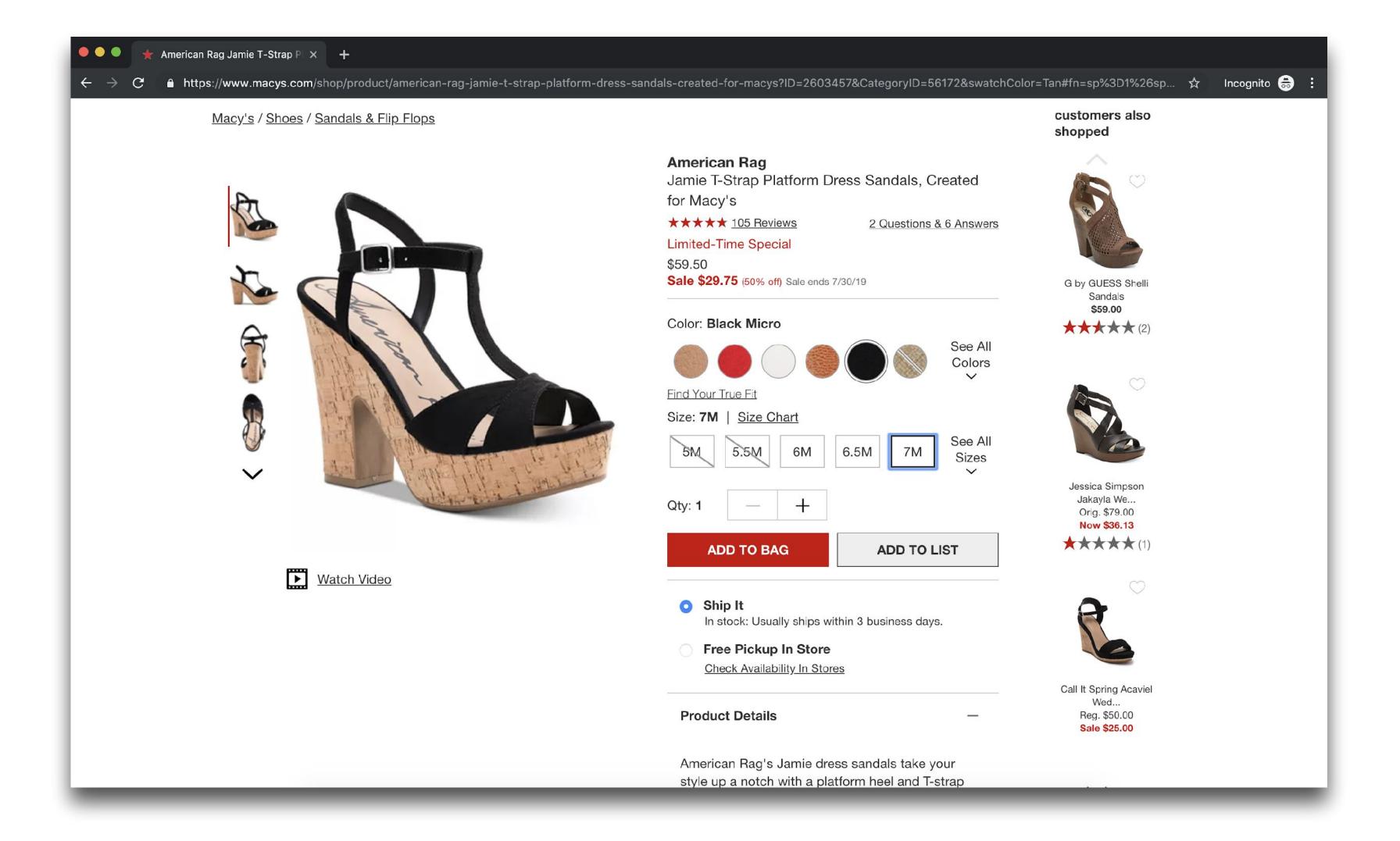


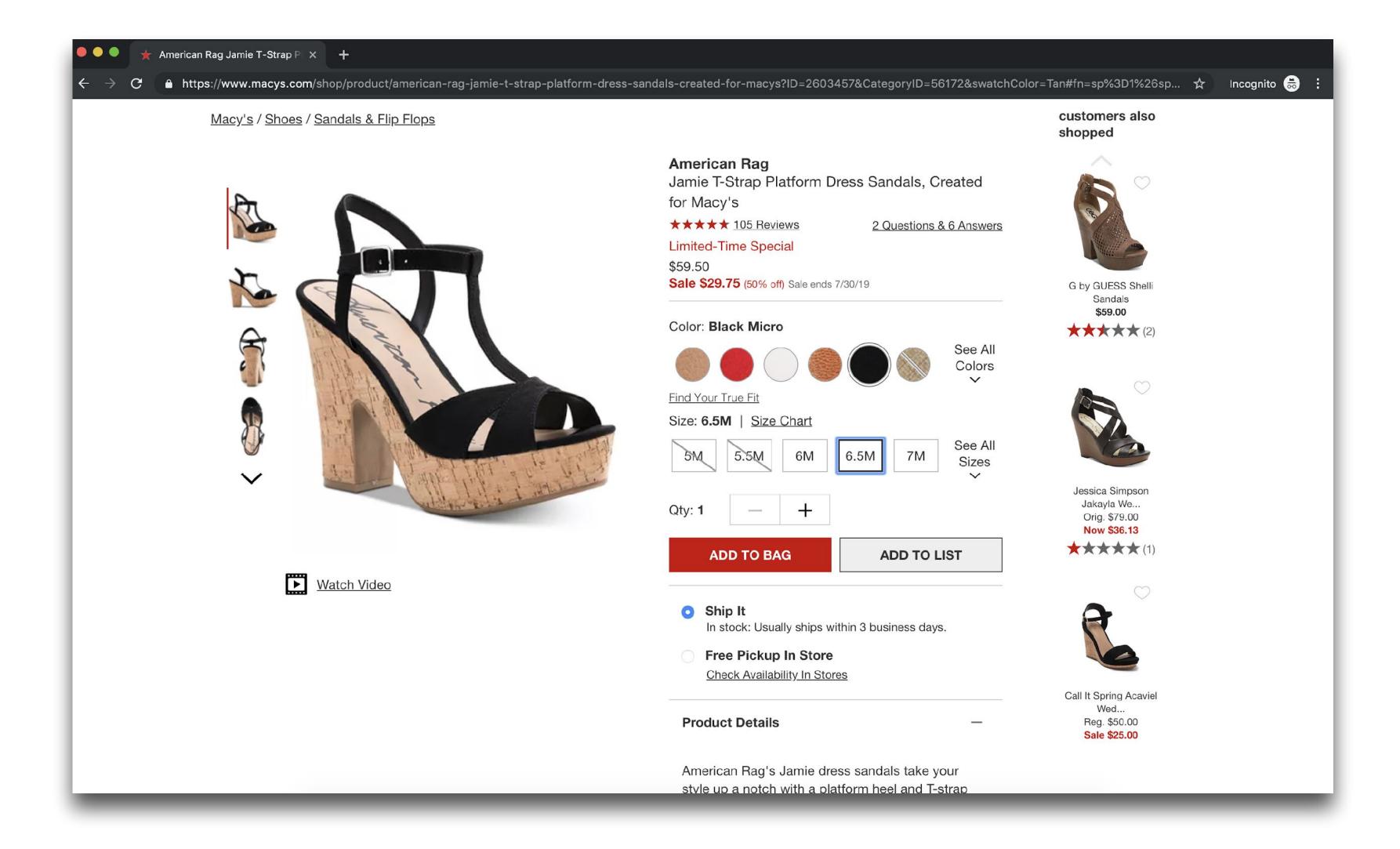
Analyzing collected data

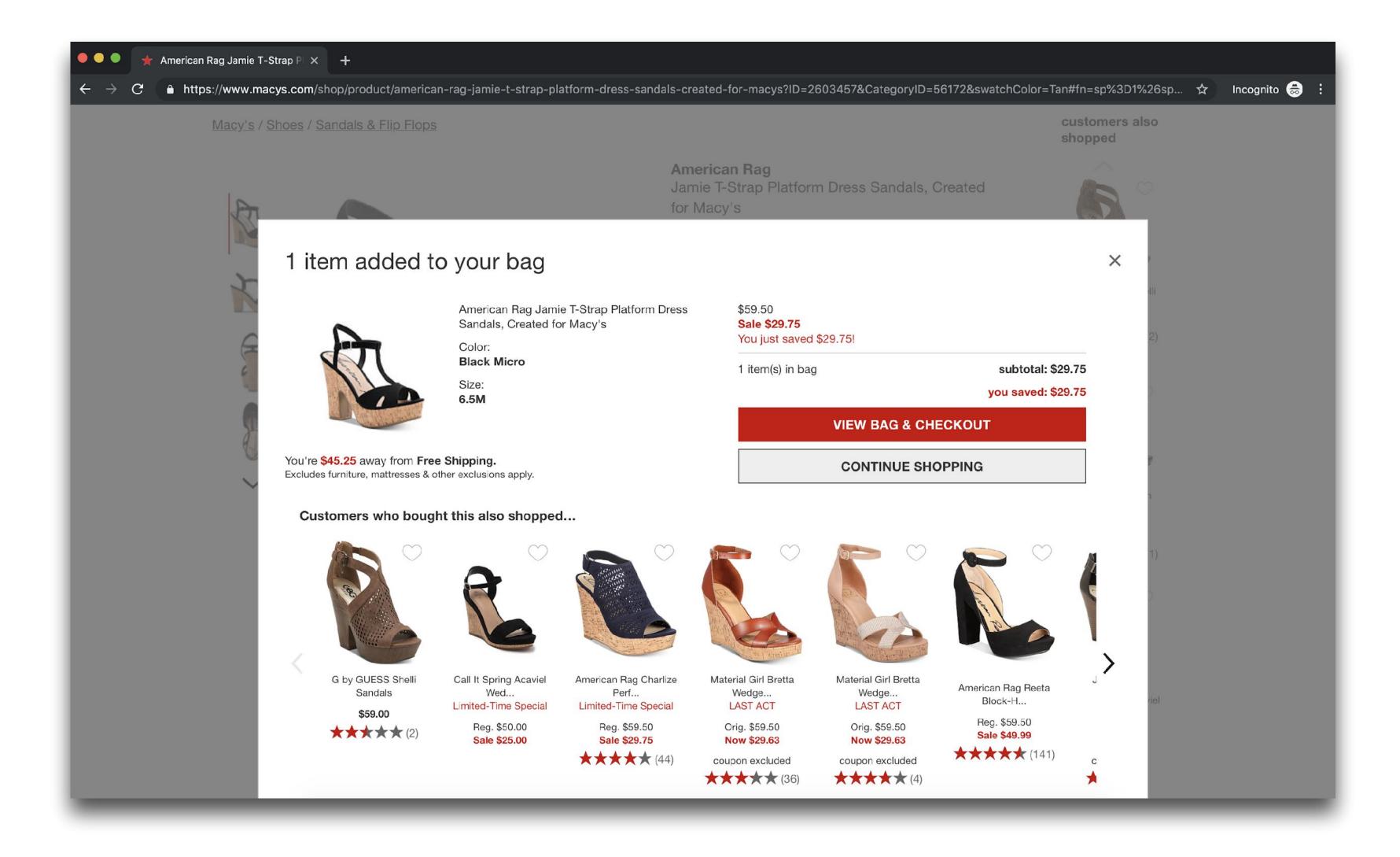


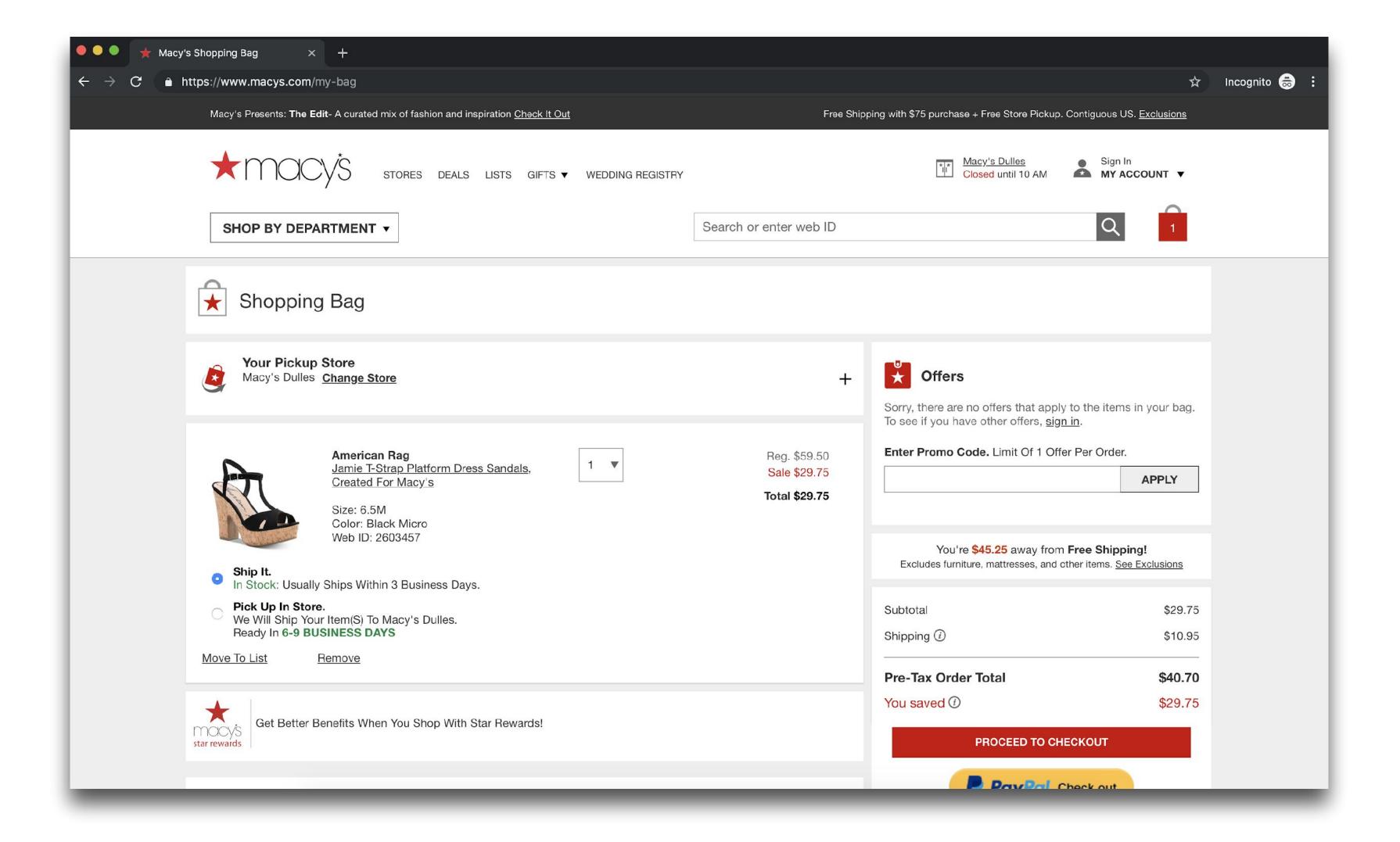


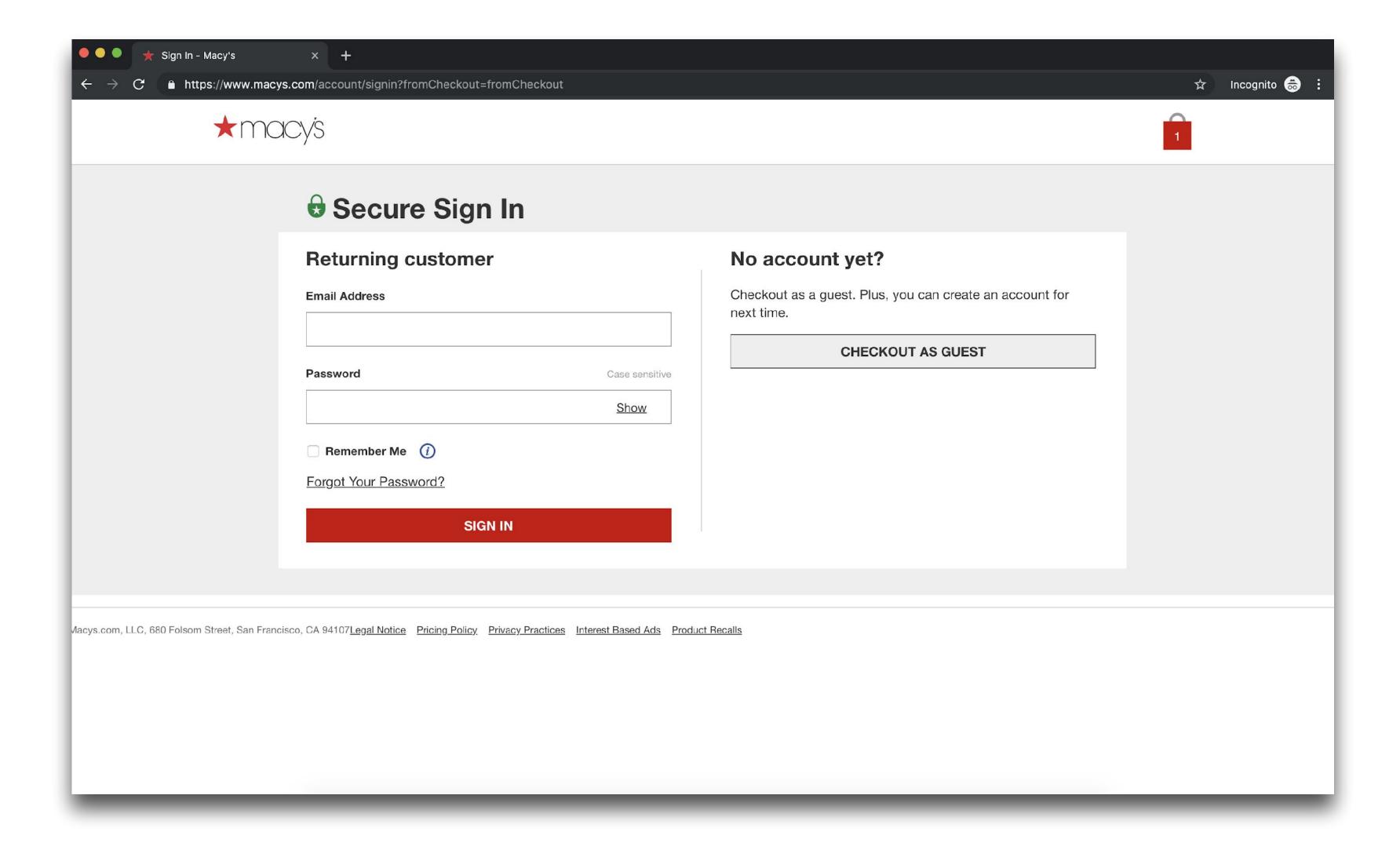


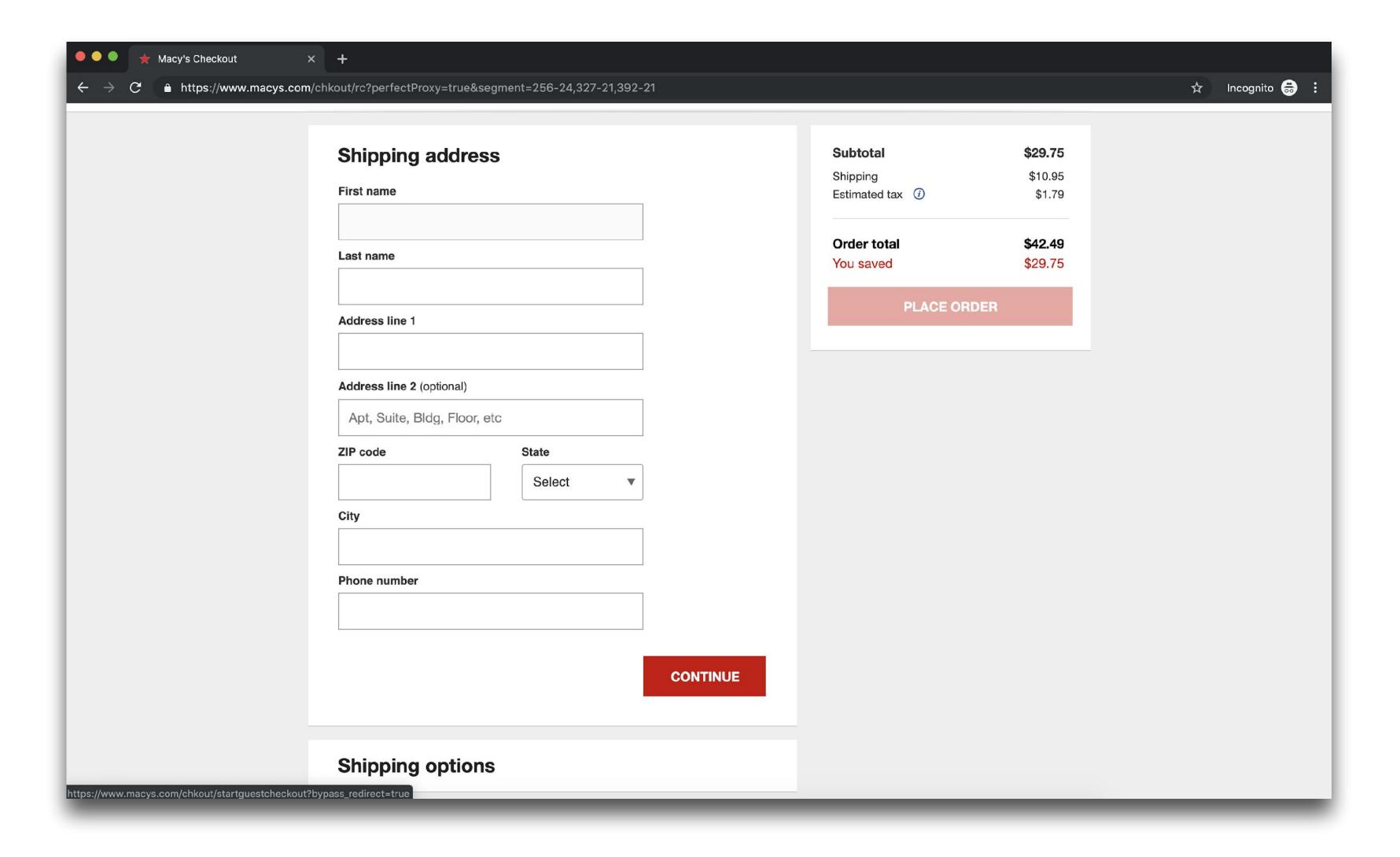




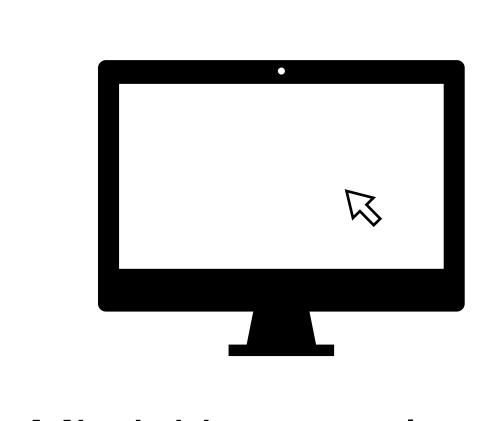




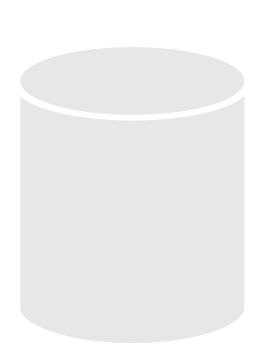




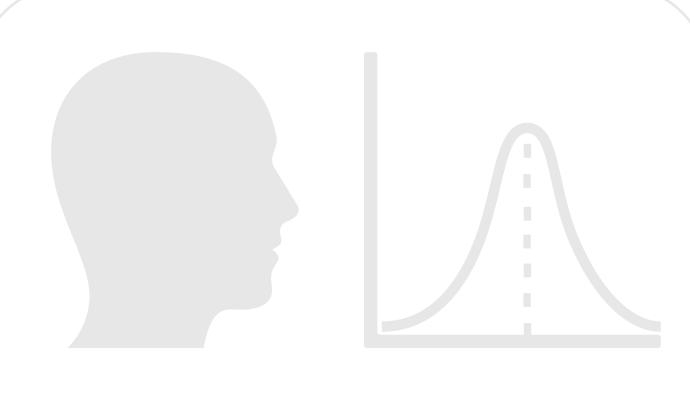
Three Key Challenges



Mimicking a real user browsing websites

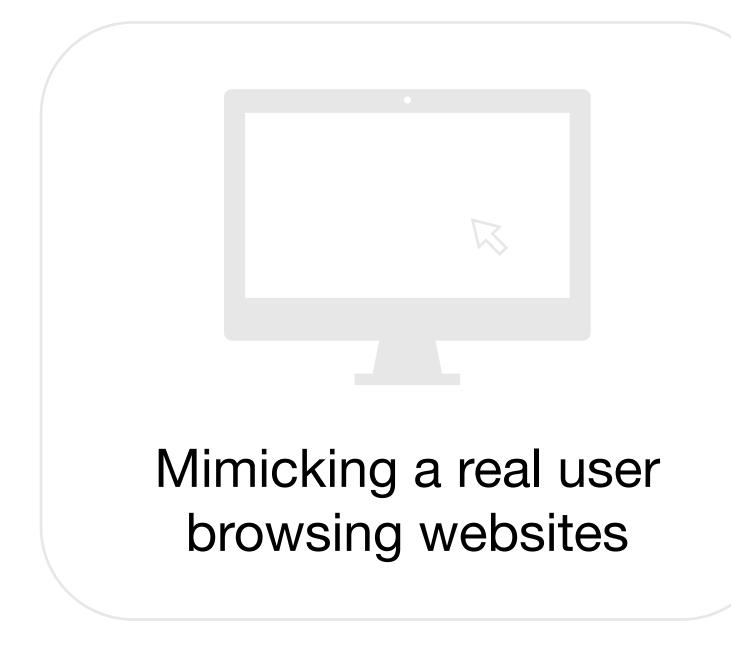


Collecting and storing data from websites



Analyzing collected data

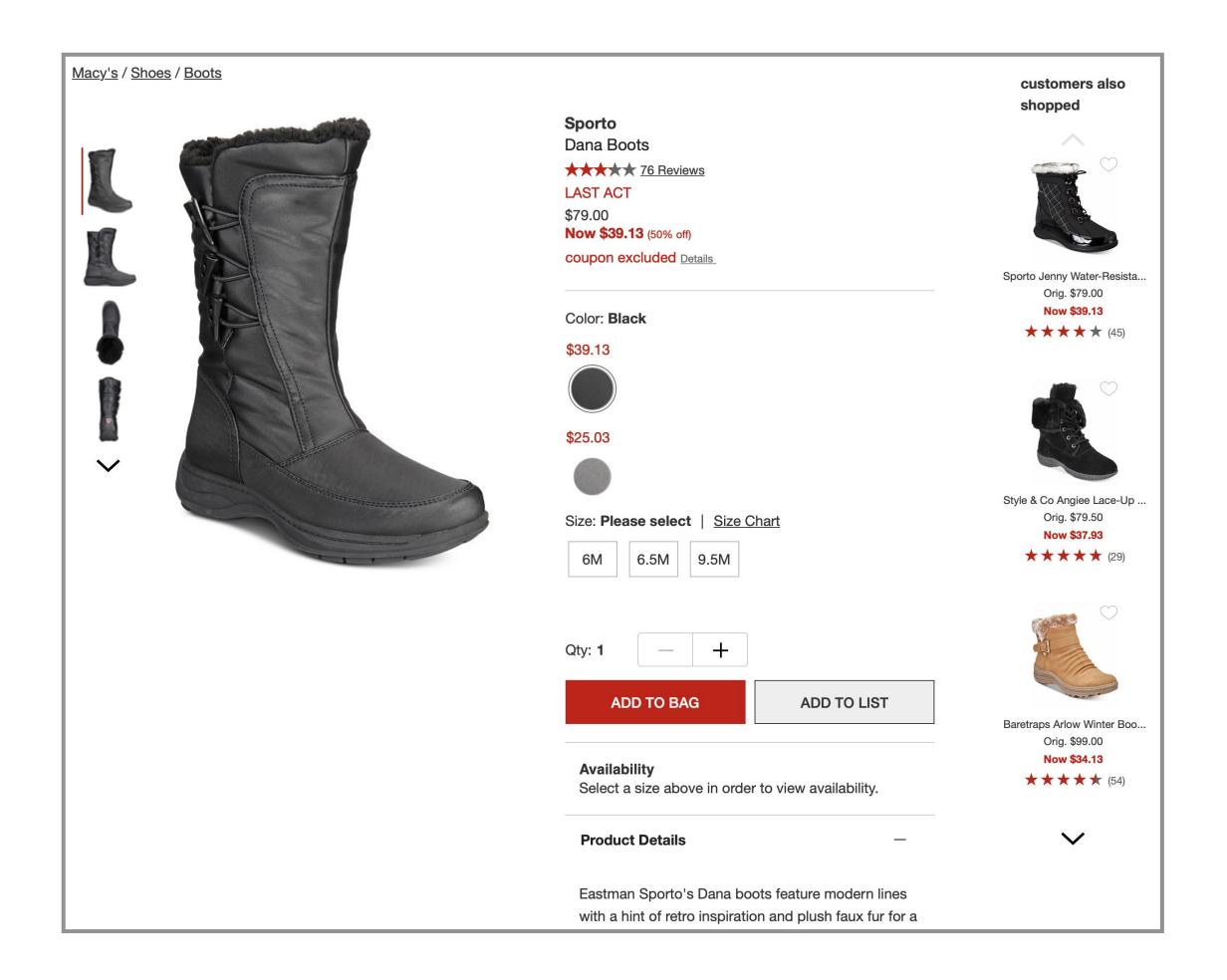
Three Key Challenges



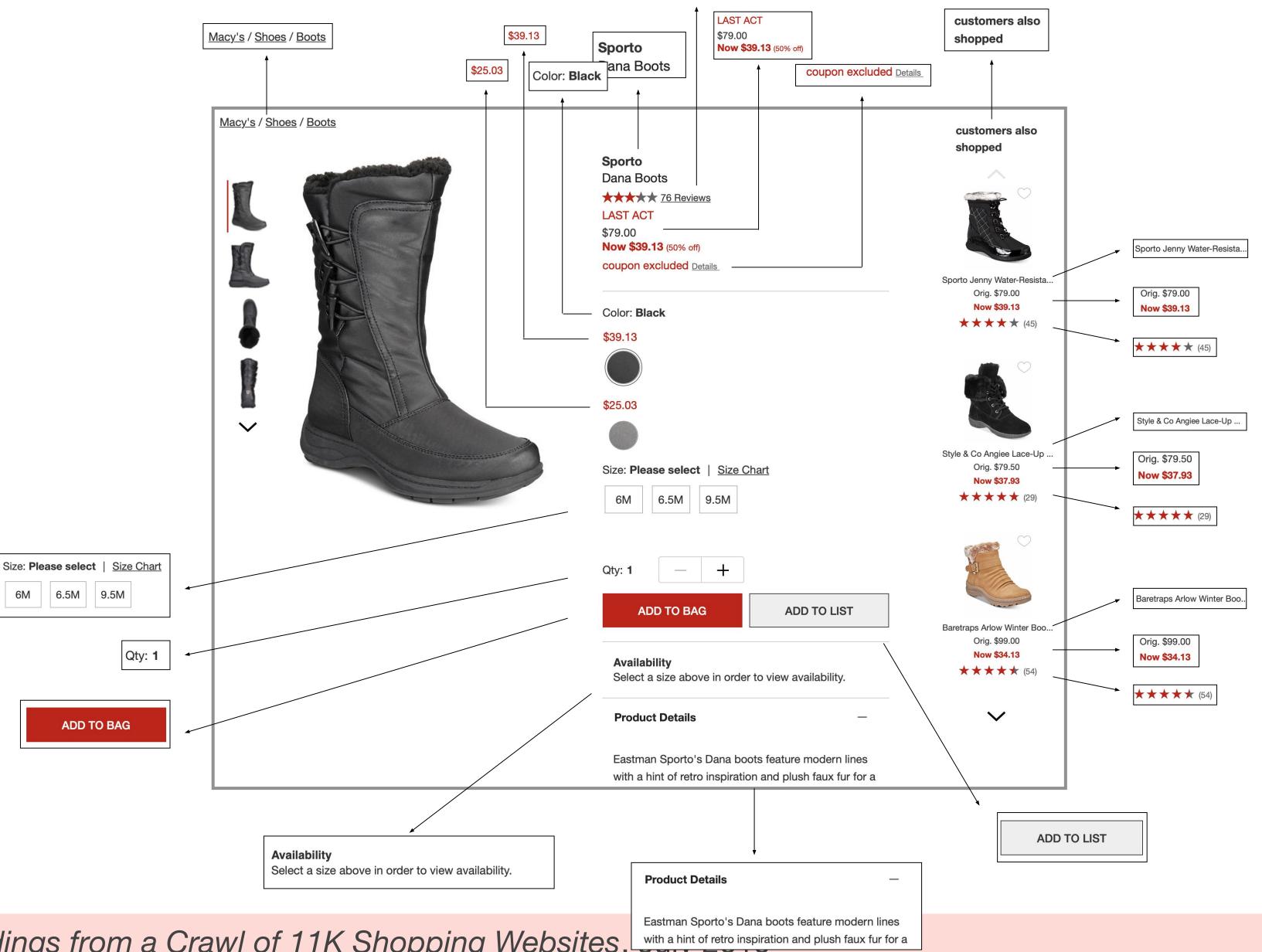




Page Segments



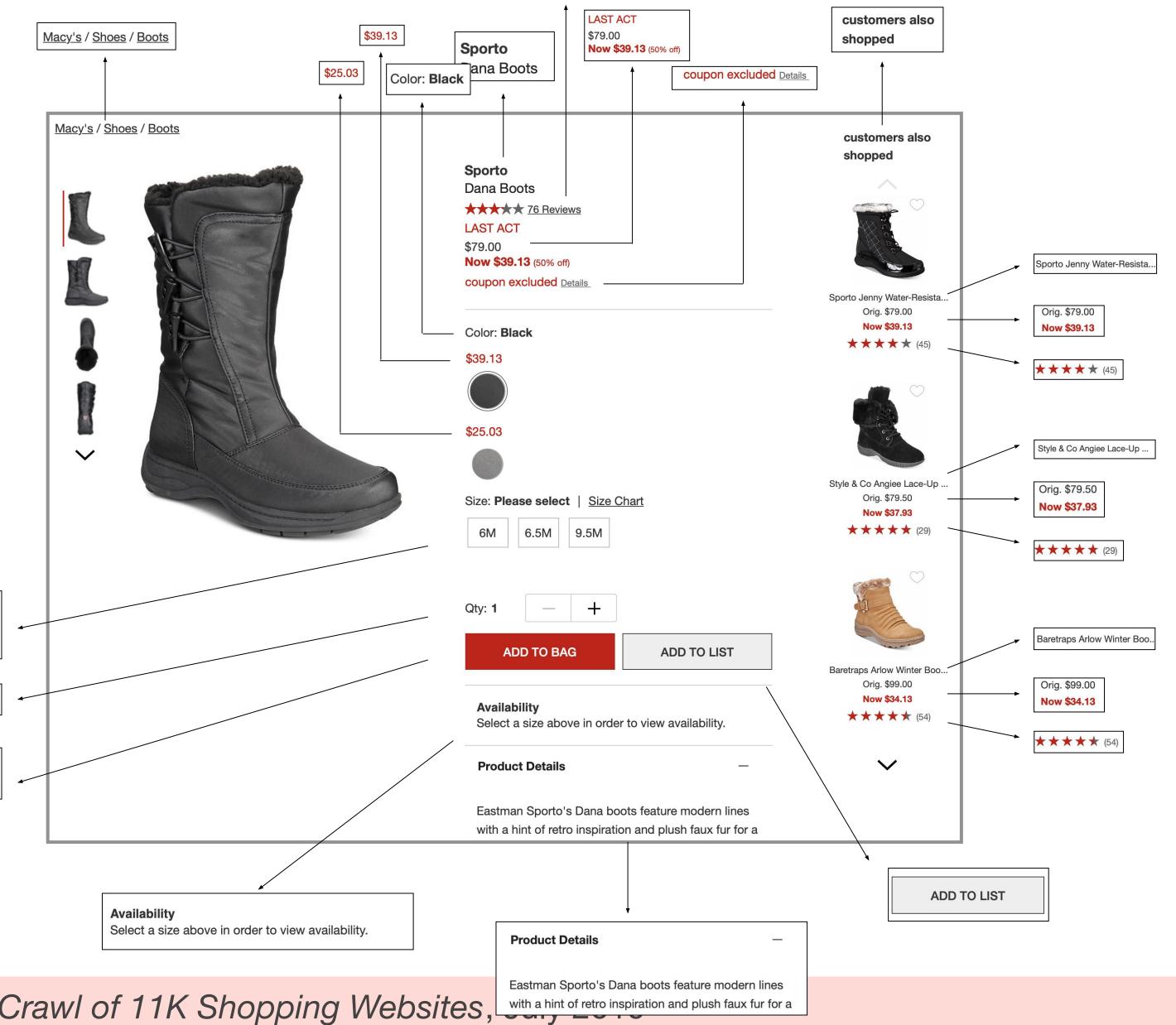
Page Segments



★★★★★ <u>76 Reviews</u>

Page Segments

- HTML Sources
- HAR files
- Screenshots
- HTTP Requests
- HTTP Responses



★★★★★ <u>76 Reviews</u>

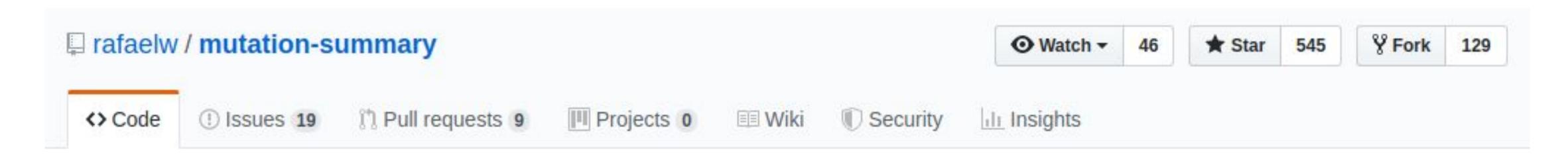
Mathur et al., Dark Patterns at Scale: Findings from a Crawl of 11K Shopping Websites, with a hint of retro inspiration and plush faux fur for a

Size: Please select | Size Chart

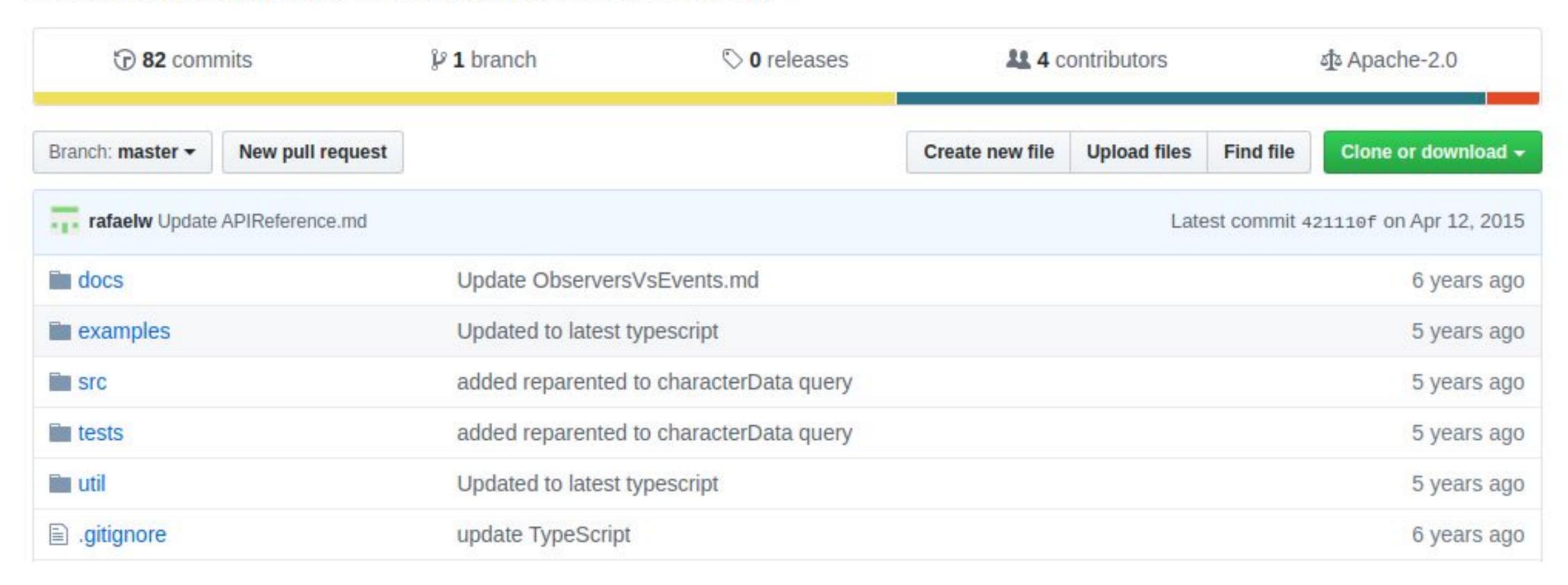
6.5M 9.5M

ADD TO BAG

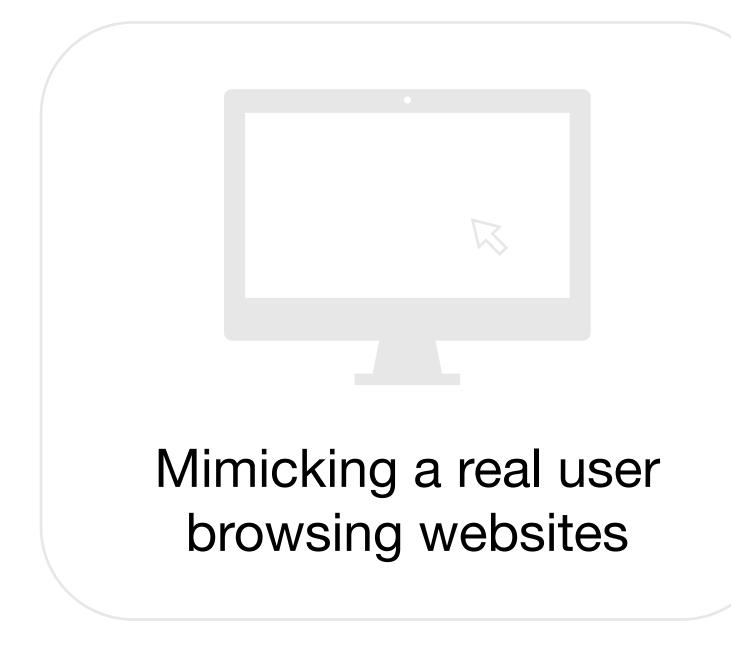
Qty: **1**



A JavaScript library that makes observing changes to the DOM easy



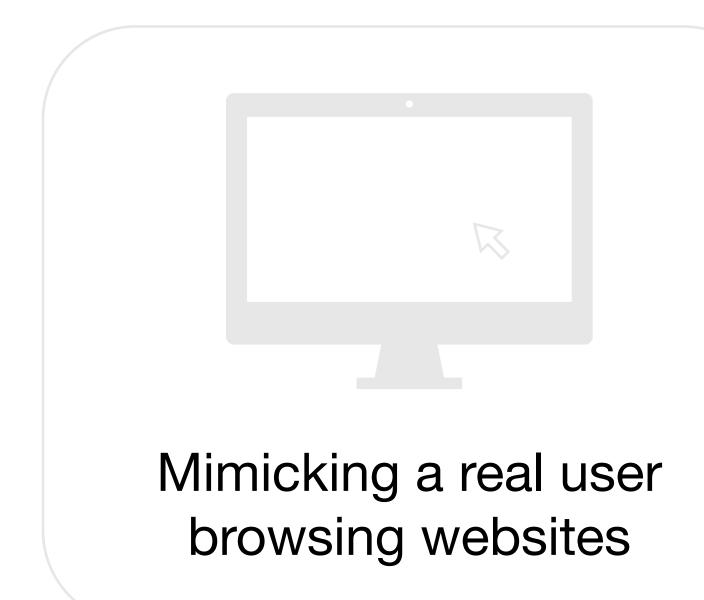
Three Key Challenges



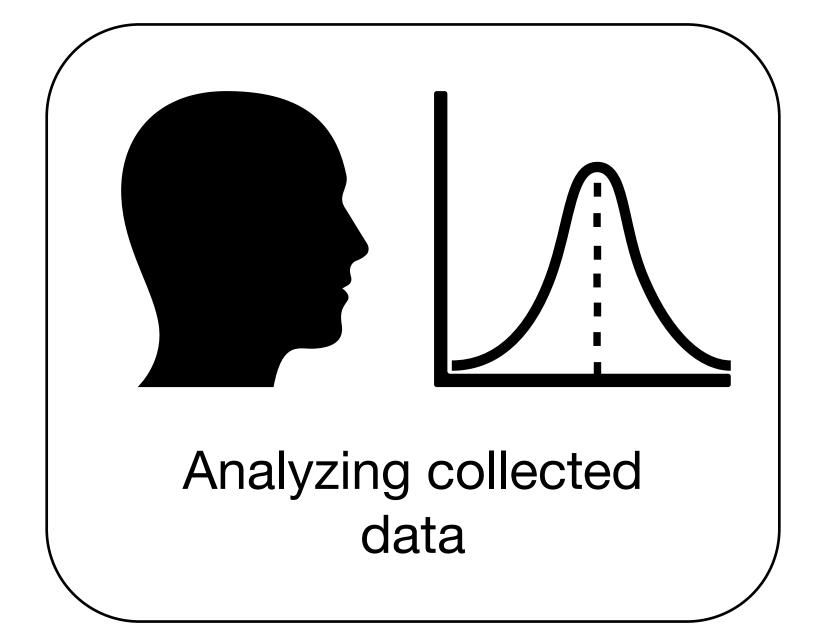




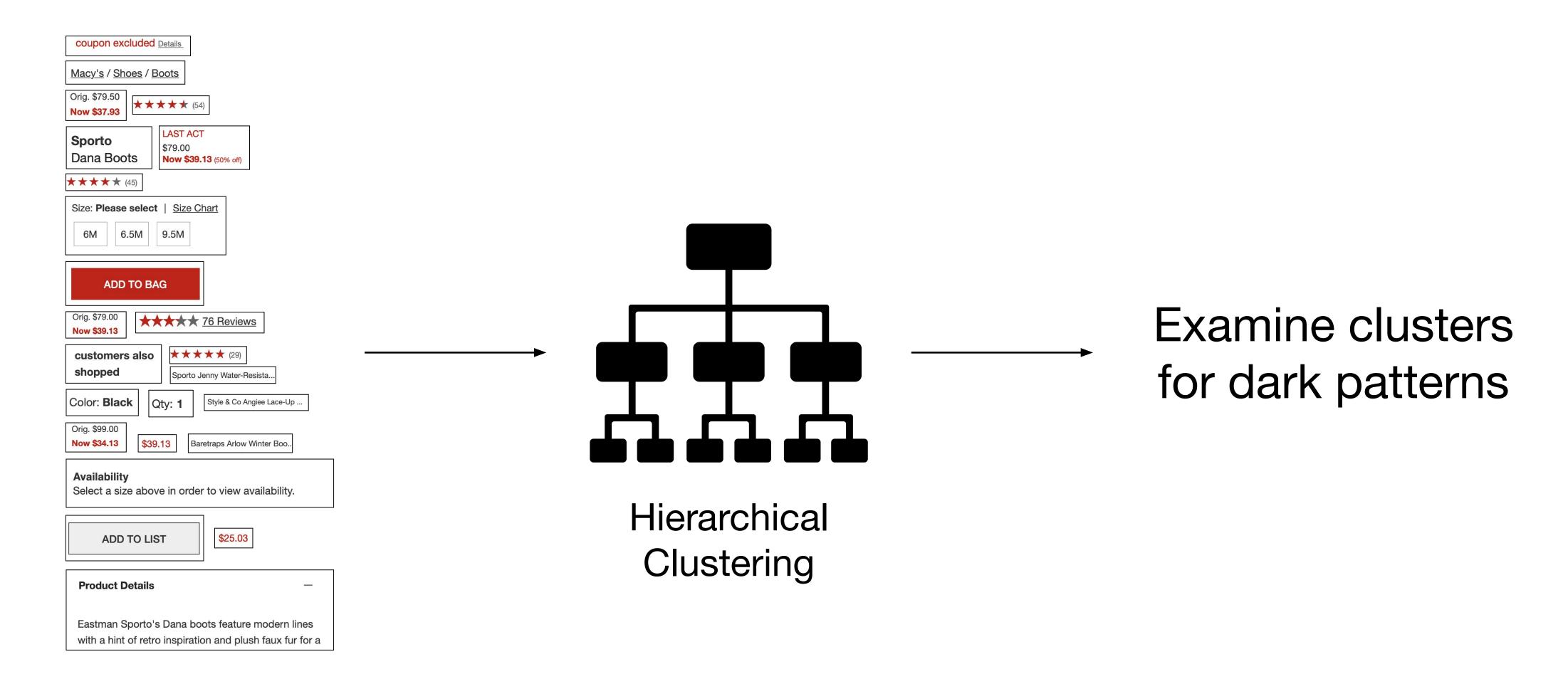
Three Key Challenges



Collecting and storing data from websites



Clustering Segments



1,818 dark patterns on 1,254 shopping websites

15 Types, 7 Categories

Sneaking

- 1. Sneak into Basket
- 2. Hidden Costs
- 3. Hidden Subscription

Urgency

- 1. Countdown Timer
- 2. Limited-time Message

Scarcity

- 1. Low-stock Message
- 2. High-demand Message

Misdirection

- 1. Confirmshaming
- 2. Visual Interference
- 3. Trick Questions
- 4. Pressured Selling

Social Proof

- 1. Activity Messages
- Testimonials of Uncertain Origin

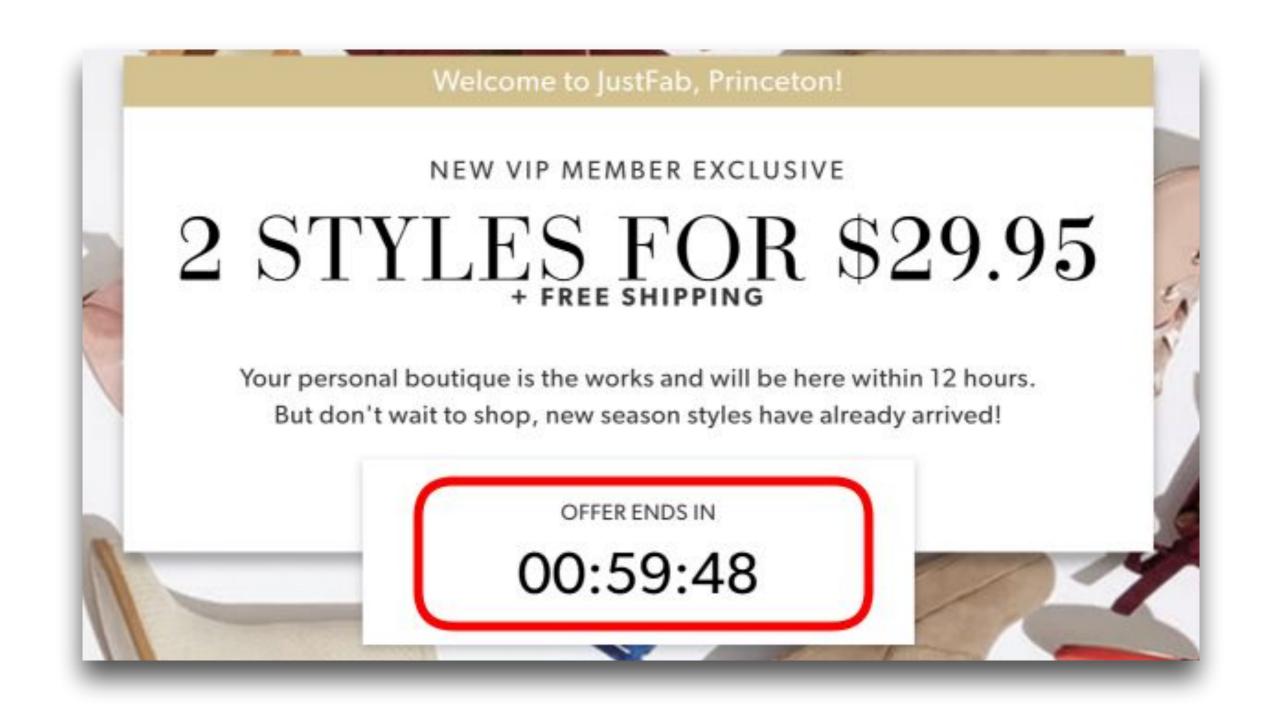
Obstruction

1. Hard to Cancel

Forced Action

1. Forced Enrollment

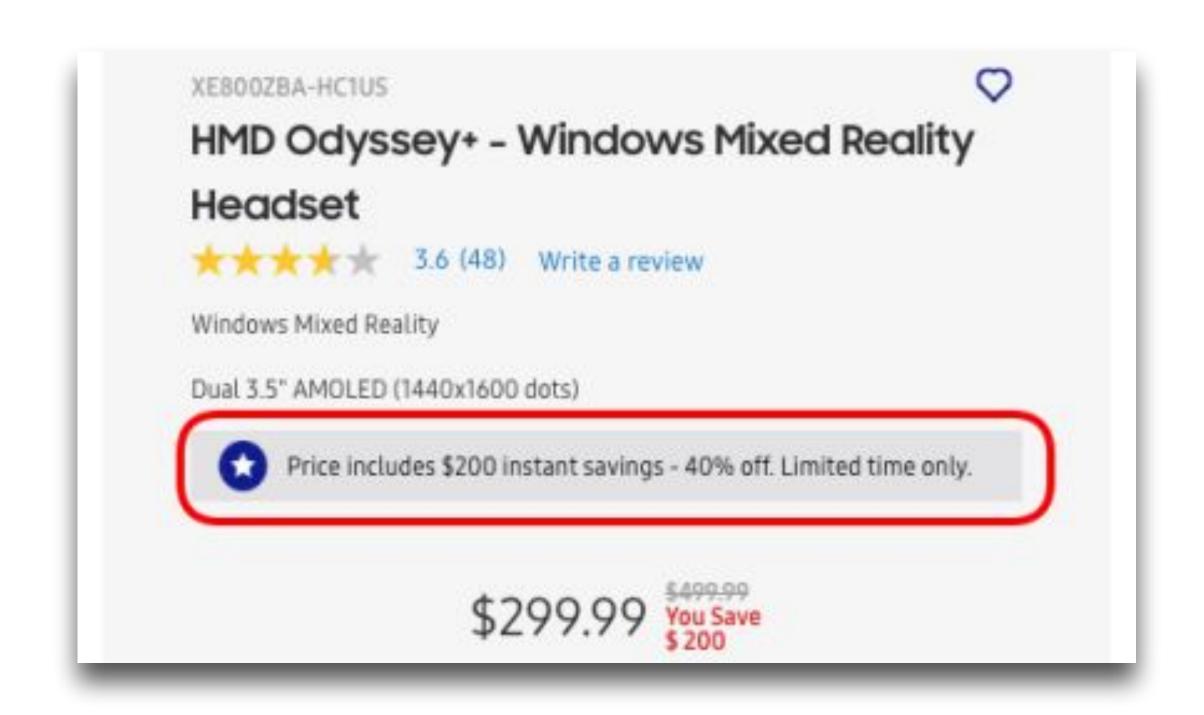
DP #1: Urgency — Timers

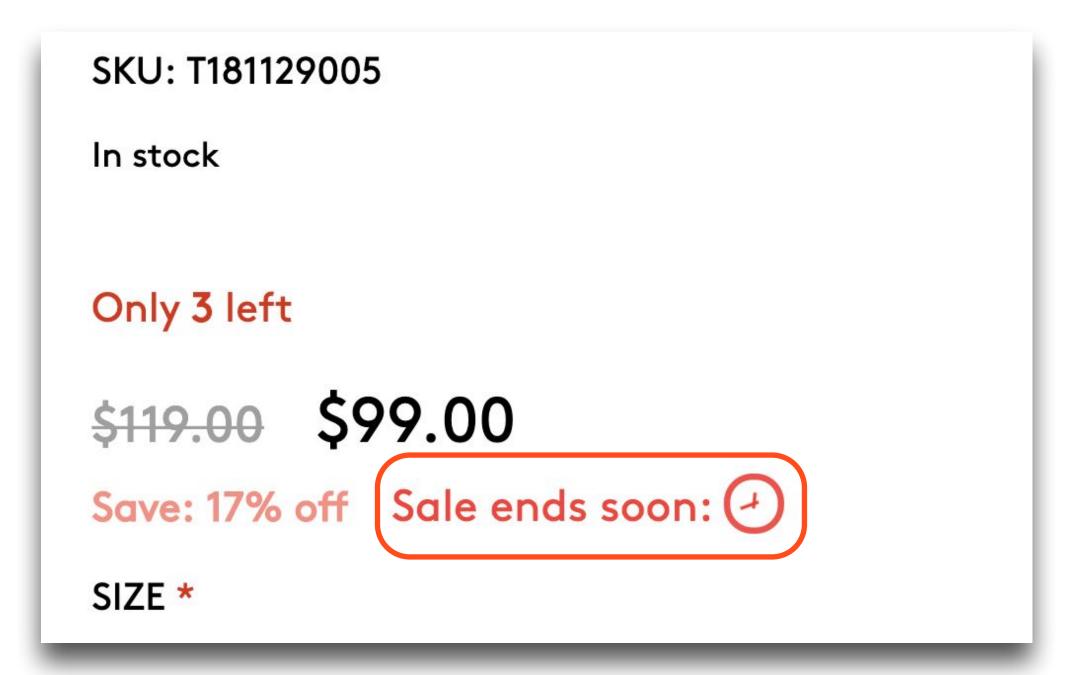




- 393 instances across 361 websites.
- 157 deceptive instances.

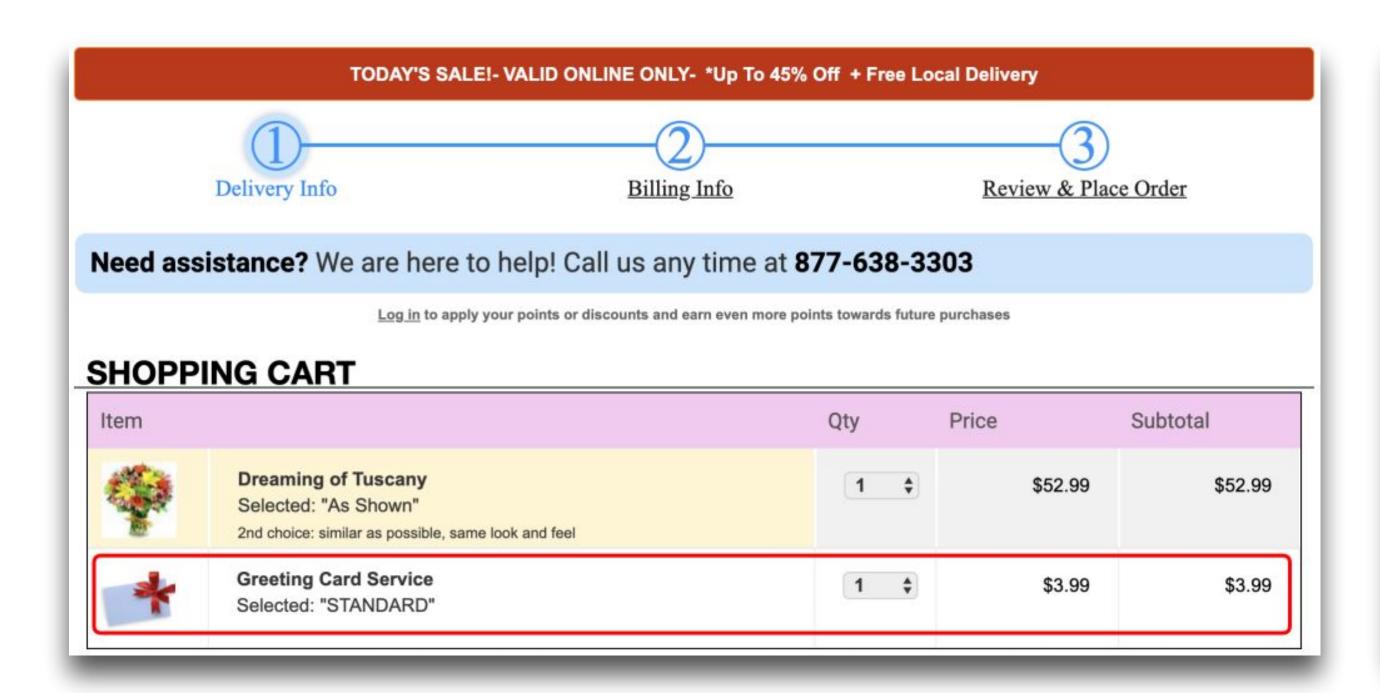
DP #2: Urgency — Limited Time

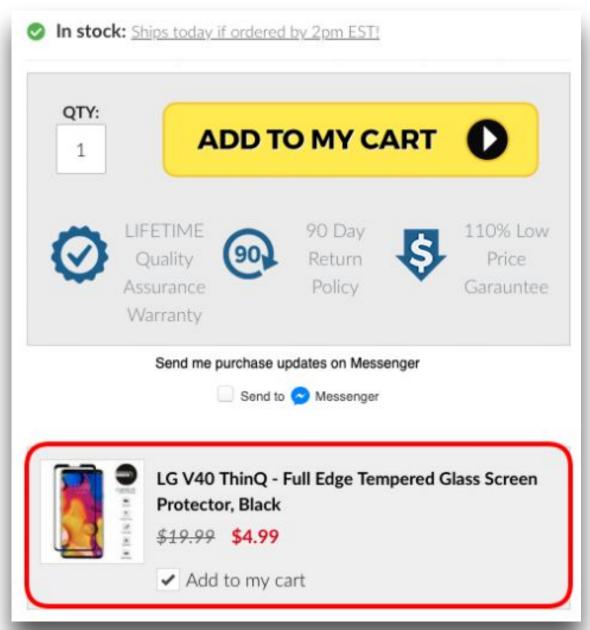




88 instances across 84 websites.

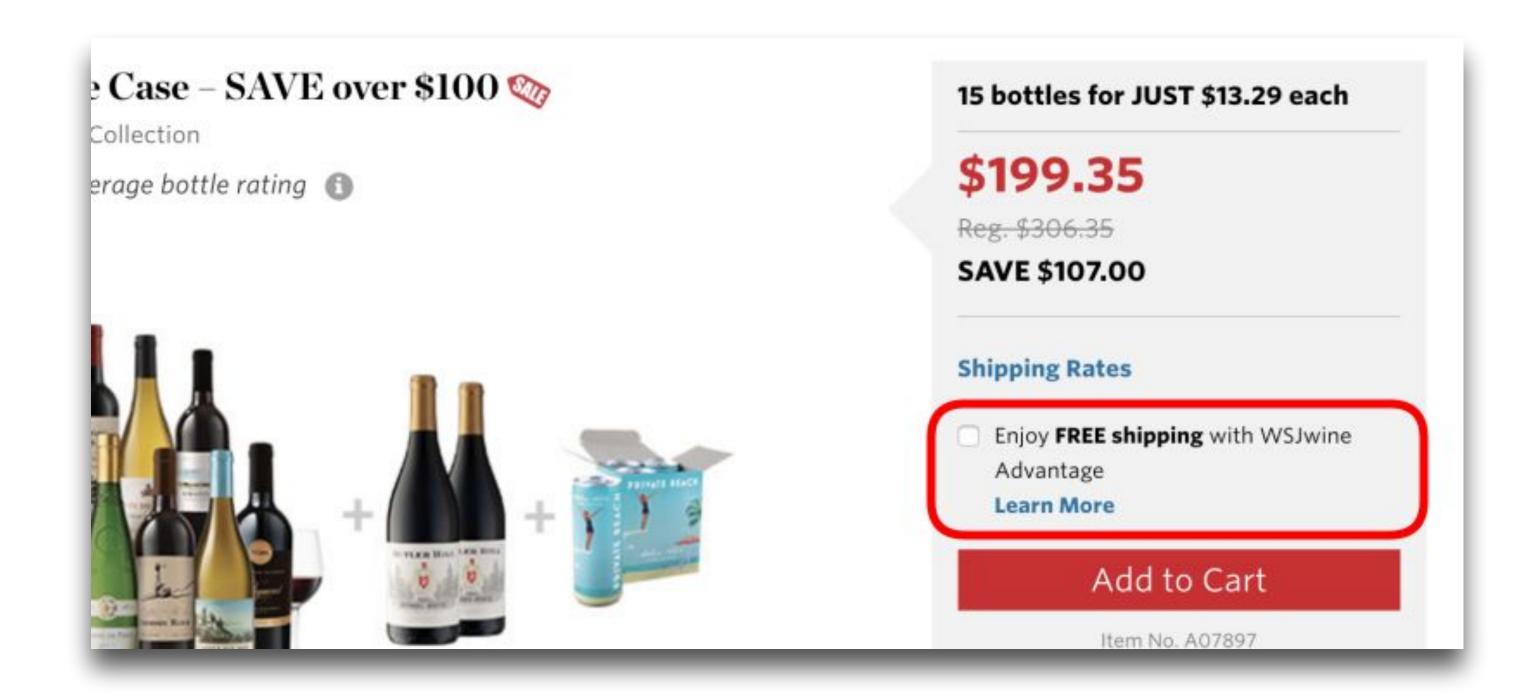
DP #3: Sneaking — Sneak into Basket

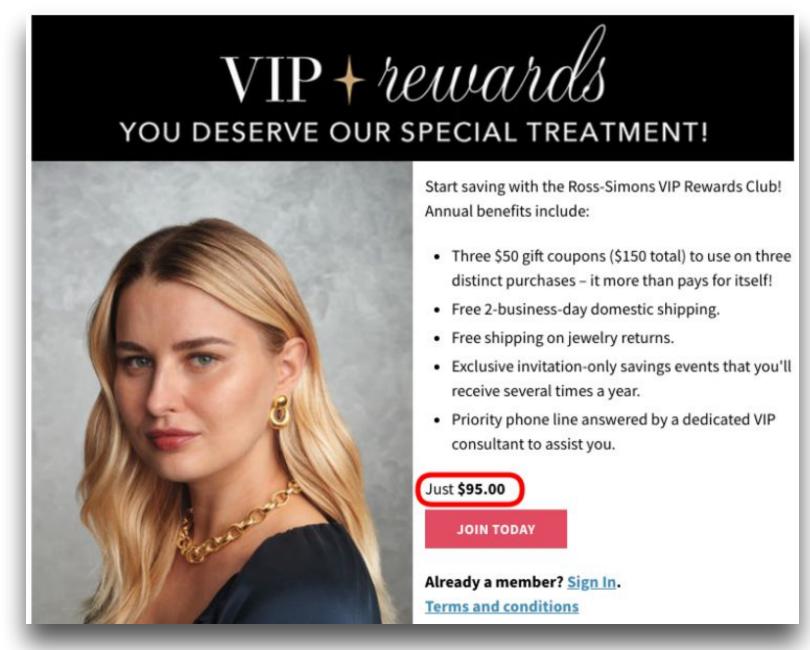




7 instances across 7 websites.

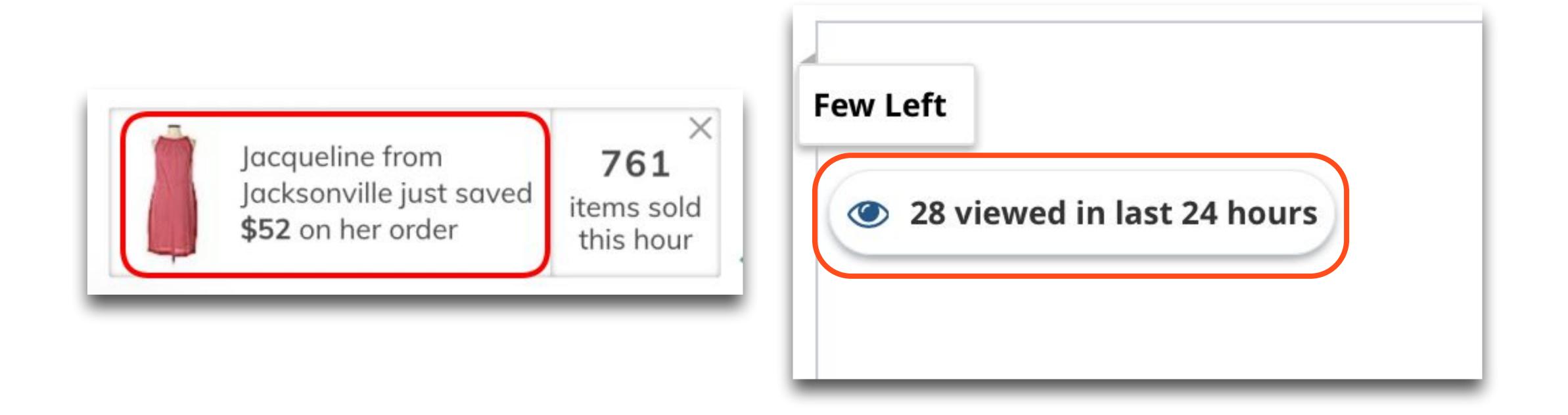
DP #4: Sneaking — Hidden Subscription





• 14 instances across 13 websites.

DP #5: Social Proof — Activity Notification



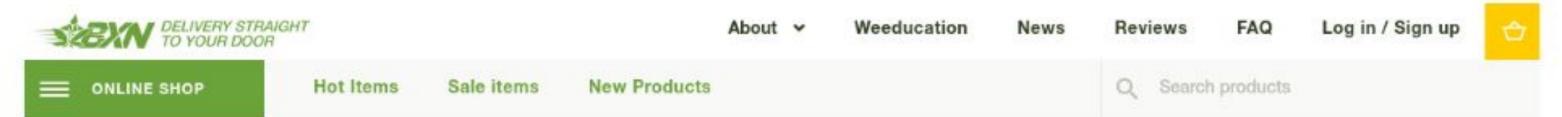
- 313 instances across 264 websites.
- 29 deceptive instances.

DP #5: Social Proof — Activity Notification

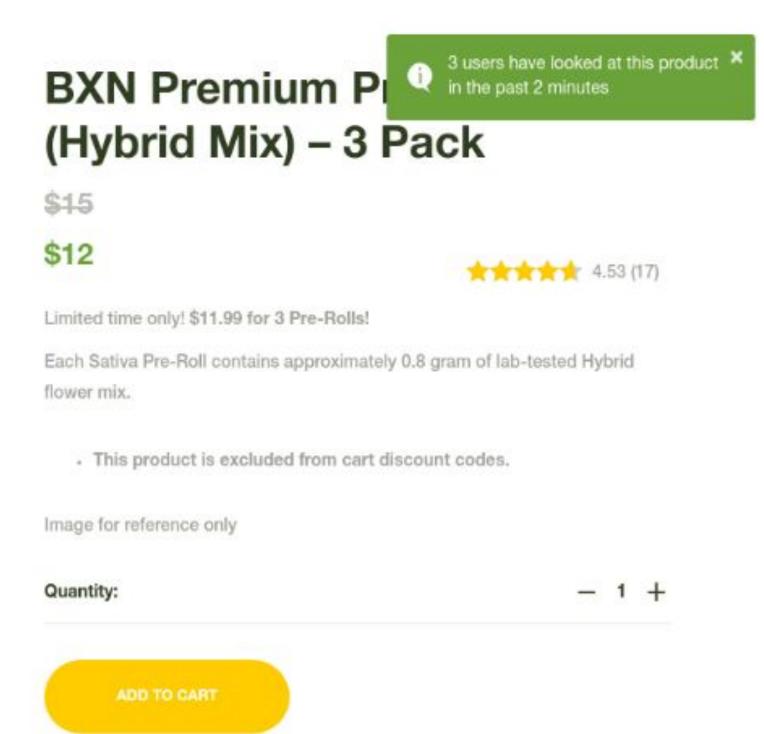


```
Ms = ["Abigail", "Alexandra", "Alexis", "Alicia", "Allison",
  "Alyssa", "Amanda", "Amber", "Amy", "Andrea", "Angela", "Anna",
  "April", "Ashley", "Brianna", "Brittany", "Brittney", "Brooke",
 "Caitlin", "Caroline", "Cassandra", "Catherine", "Chelsea",
  "Christina", "Christine", "Courtney", "Crystal", "Danielle",
  "Destiny", "Diana", "Elizabeth", "Emily", "Emma", "Erica",
  "Erika", "Erin", "Gabrielle", "Grace", "Hailey", "Haley",
  "Hannah", "Heather", "Isabella", "Jacqueline", "Jamie", "Jasmine",
  "Jenna", "Jennifer", "Jessica", "Jordan", "Julia", "Julie",
  "Kaitlyn", "Katelyn", "Katherine", "Kathryn", "Katie", "Kayla",
  "Kelly", "Kelsey", "Kimberly", "Kristen", "Kristin", "Laura",
  "Lauren", "Leah", "Lindsay", "Lindsey", "Lisa", "Madison",
  "Maria", "Marissa", "Mary", "Megan", "Melissa", "Michelle",
  "Molly", "Monica", "Morgan", "Natalie", "Nicole", "Olivia",
  "Paige", "Rachel", "Rebecca", "Samantha", "Sara", "Sarah",
  "Savannah", "Shannon", "Shelby", "Sierra", "Sophia", "Stephanie",
  "Sydney", "Taylor", "Tiffany", "Vanessa", "Victoria", "Whitney"
As = ["Albuquerque", "Anaheim", "Arlington", "Atlanta", "Aurora",
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  "Chicago", "Cleveland", "Colorado", "Columbus", "Dallas",
  "Denver", "Detroit", "El Paso", "Fort Worth", "Fresno",
  "Honolulu", "Houston", "Indianapolis", "Jacksonville", "Kansas ",
  "Las Vegas", "Long Beach", "Los Angeles", "Louisville", "Memphis",
  "Mesa", "Miami", "Milwaukee", "Minneapolis", "Nashville",
  "New Orleans", "New York City", "Oakland", "Oklahoma ", "Omaha",
  "Philadelphia", "Phoenix", "Portland", "Raleigh", "Riverside",
  "Sacramento", "San Antonio", "San Diego", "San Francisco",
  "San Jose", "Santa Ana", "Seattle", "St. Louis", "Tampa",
  "Tucson", "Tulsa", "Virginia", "Washington", "Wichita"
```

Budexpressnow.ca







```
probability: .5,
pattern: "{X} have {Y} this product in the past {Z} {W}",
variables: {
         X: [2, 3, 4, 5, 6, 7, 8, 9, 10],
         Y: ["purchased", "looked at"],
         Z: [2, 3, 4, 5, 6, 7, 8, 9, 10],
         W: ["minutes", "hours"]
}
```

Social Proof Third parties

Third-party Entity	Prevalence		Additional Dark
	# Shopping Websites	# Alexa Top Million	Patterns
Dynamic Yield	114	416	Urgency
Yieldify	111	323	Urgency, Scarcity
Fomo	91	663	
Fresh Relevance	86	208	Urgency
Insider	52	484	Scarcity, Urgency
Bizzy	33	213	
ConvertCart	31	62	
Taggstar	27	4	Scarcity, Urgency
Qubit	25	73	Pressured Selling, Scarcity, Urgency
Exponea	18	180	Urgency, Scarcity
Recently	14	66	_
Proof	11	508	-
Fera	11	132	Pressured Selling, Scarcity, Urgency
Nice	10	80	-
Woocommerce Notification	10	61	-
Bunting	5	17	Urgency, Scarcity
Credibly	4	67	_
Convertize	3	58	Scarcity, Urgency
LeanConvert	2	0	_
Boost	1	3	
Amasty	1	0	Pressured Selling, Scarcity, Urgency



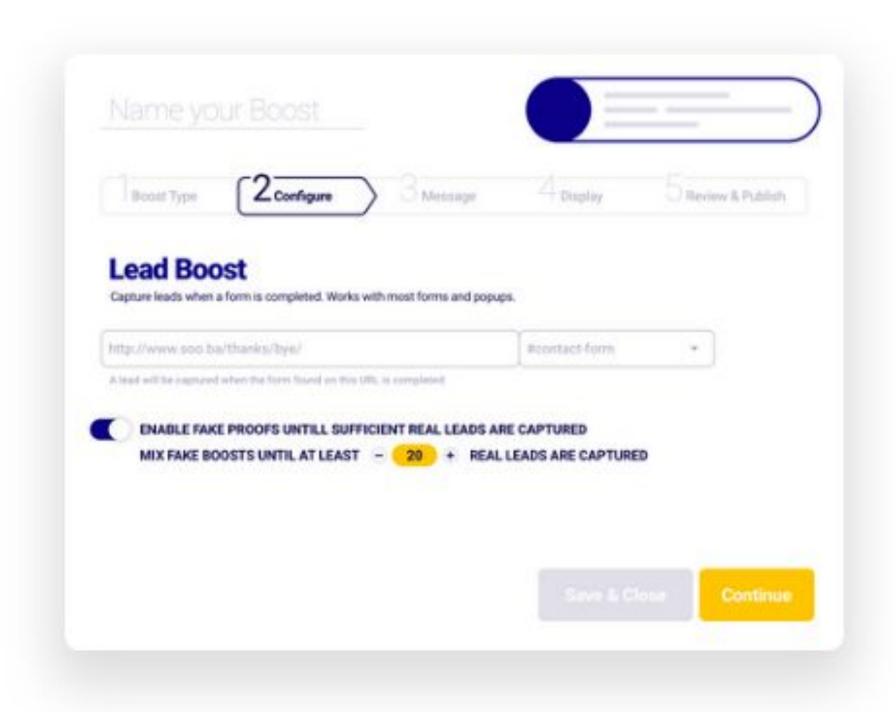


Hush it's a secret! If you are just starting, you can use fake boosts.

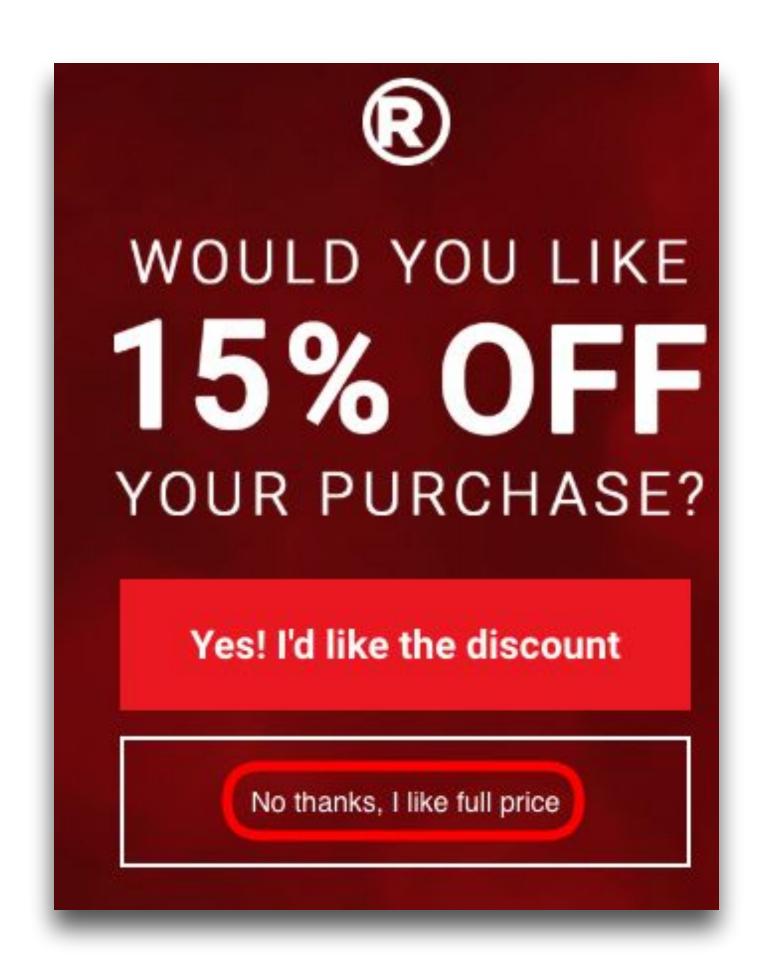
If you just started, it can be hard for you to show real boosts right from the very beginning. Fake Boosts can be used until some genuine interactions data gets piled up.

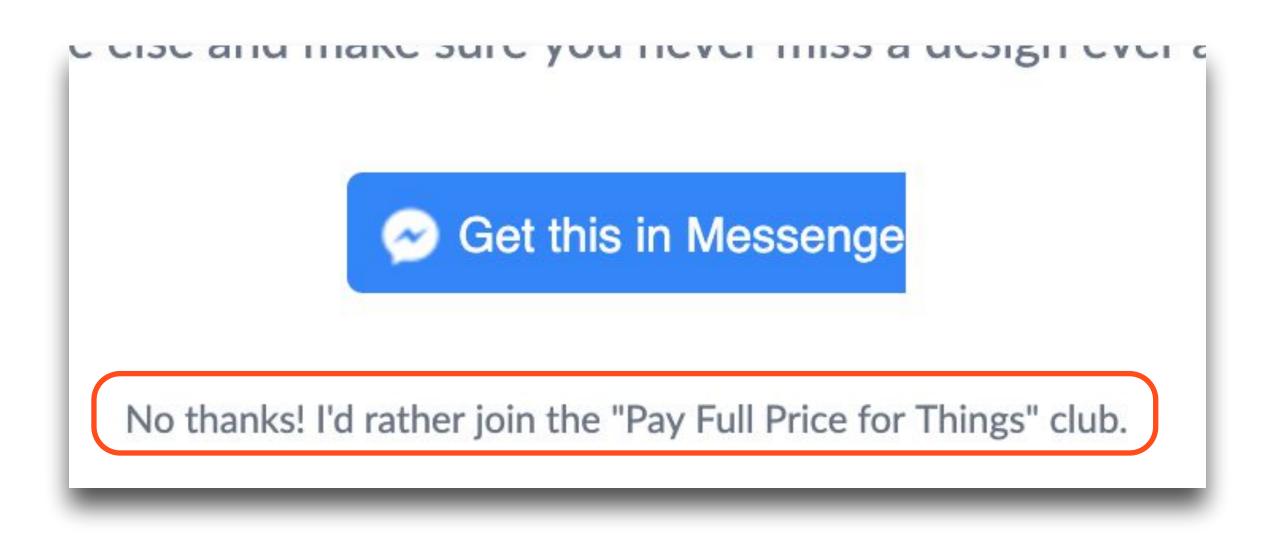
It's the perfect feature for a fresh





DP #6: Misdirection — Confirmshaming





169 instances across 164 websites.





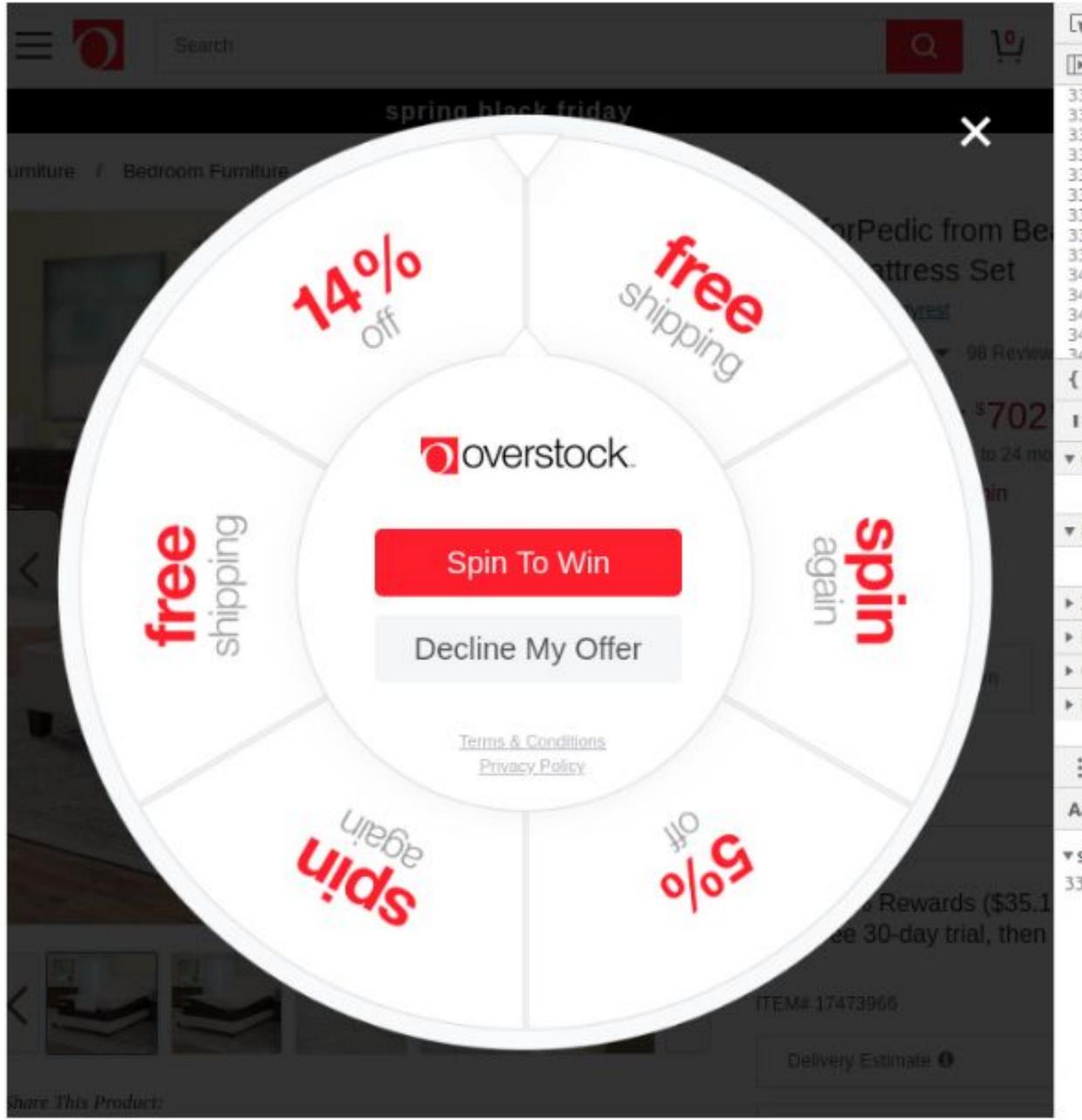
AAF special bonus!

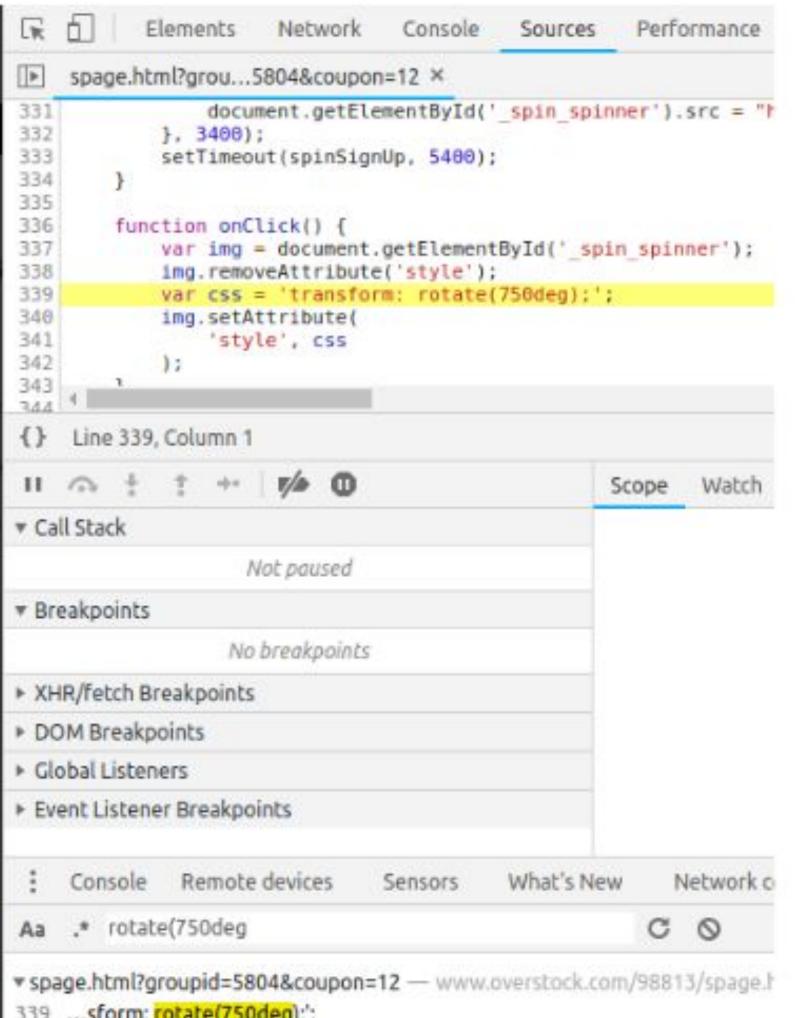
You have a chance to win a big fat discount. Are you ready, patriot?

- * You can spin the wheel once.
 * If you win, you can claim your coupon for 10 mins only!

Every email address kills a terrorist

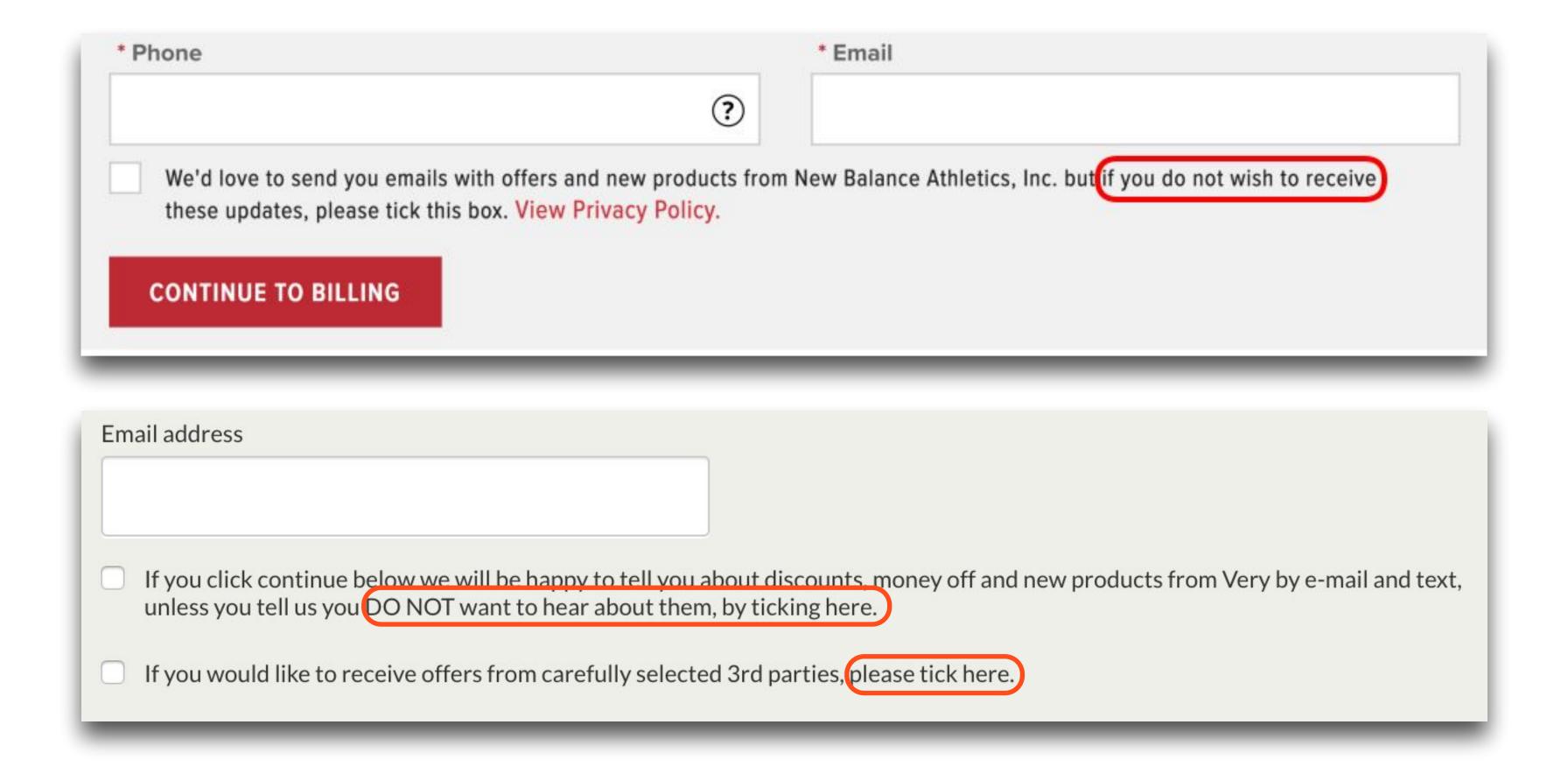
TRY YOUR LUCK





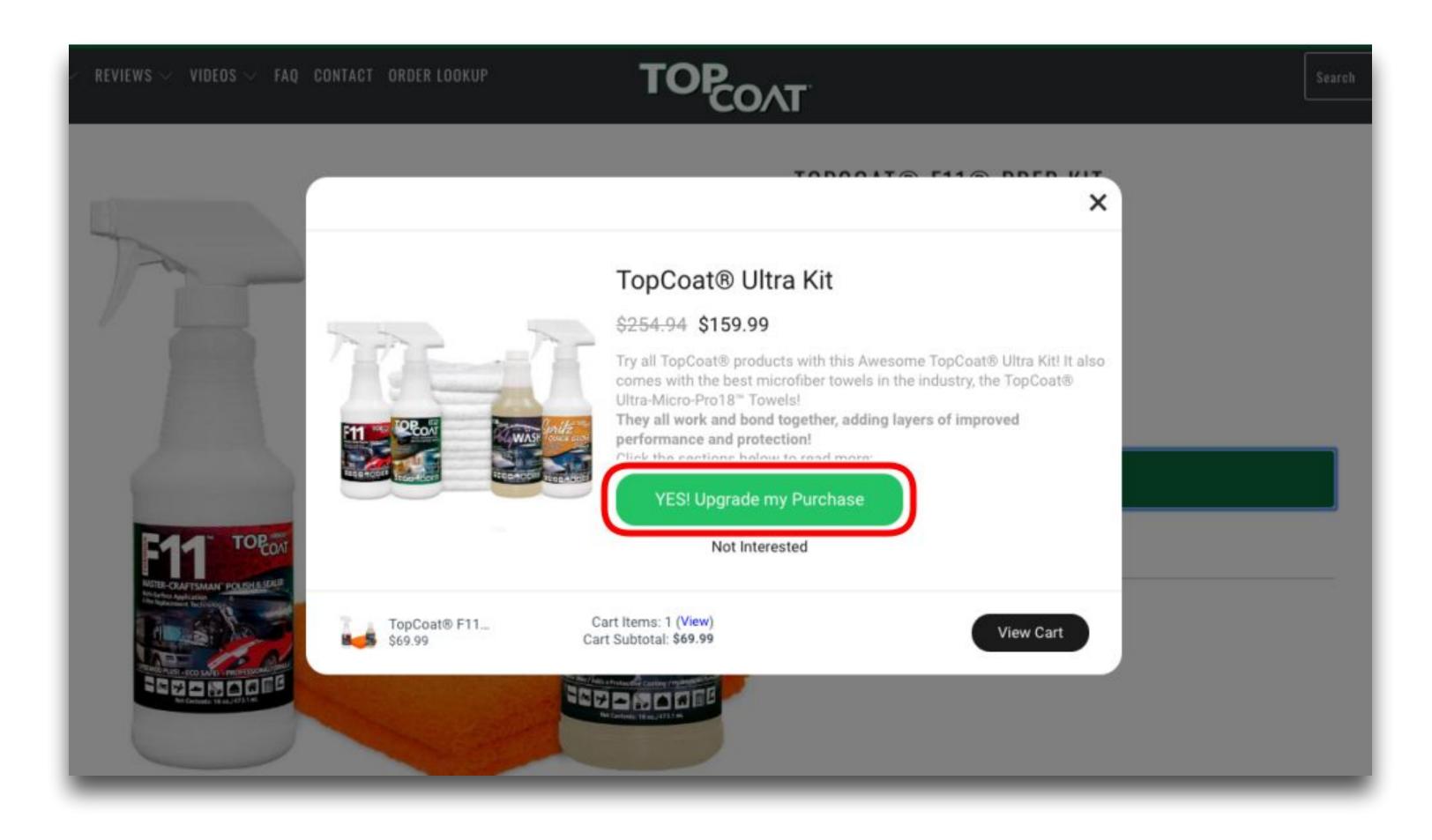
339 ...sform: rotate(750deg);';

DP #7: Misdirection — Trick Questions



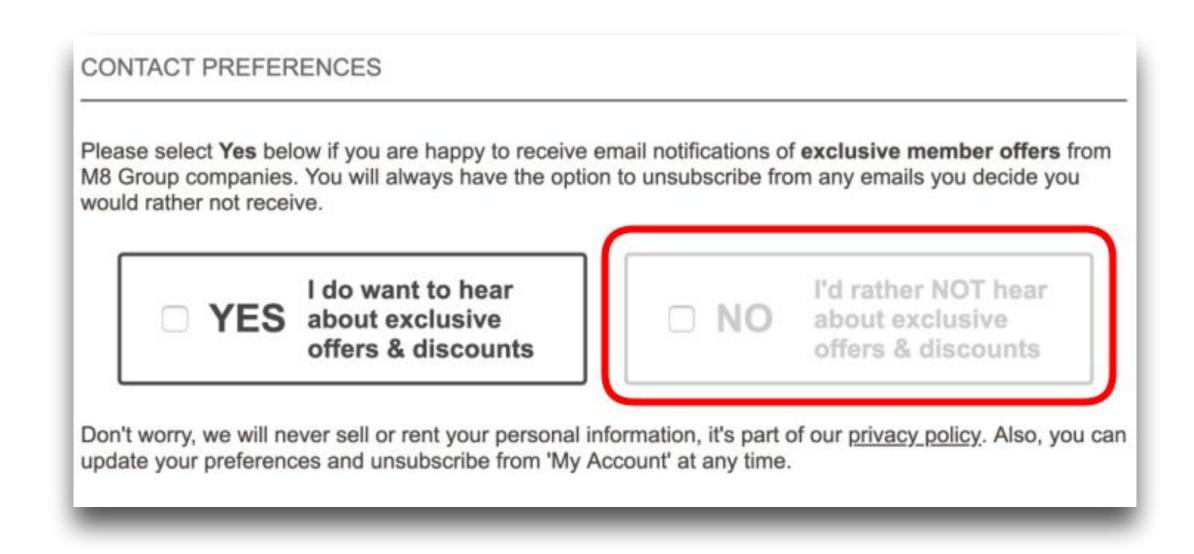
• 32 instances across 32 websites.

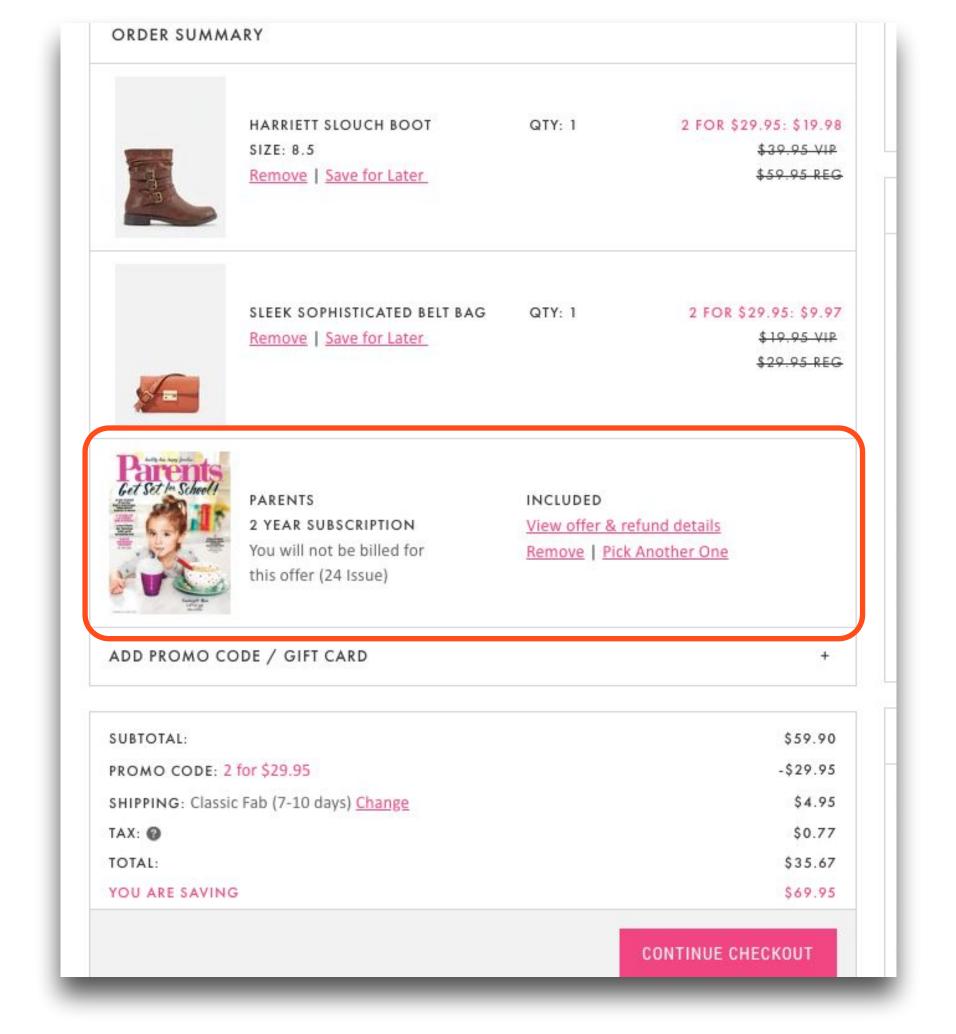
DP #8: Misdirection — Upselling



• 67 instances across 62 websites.

DP #9: Misdirection — Visual Interference

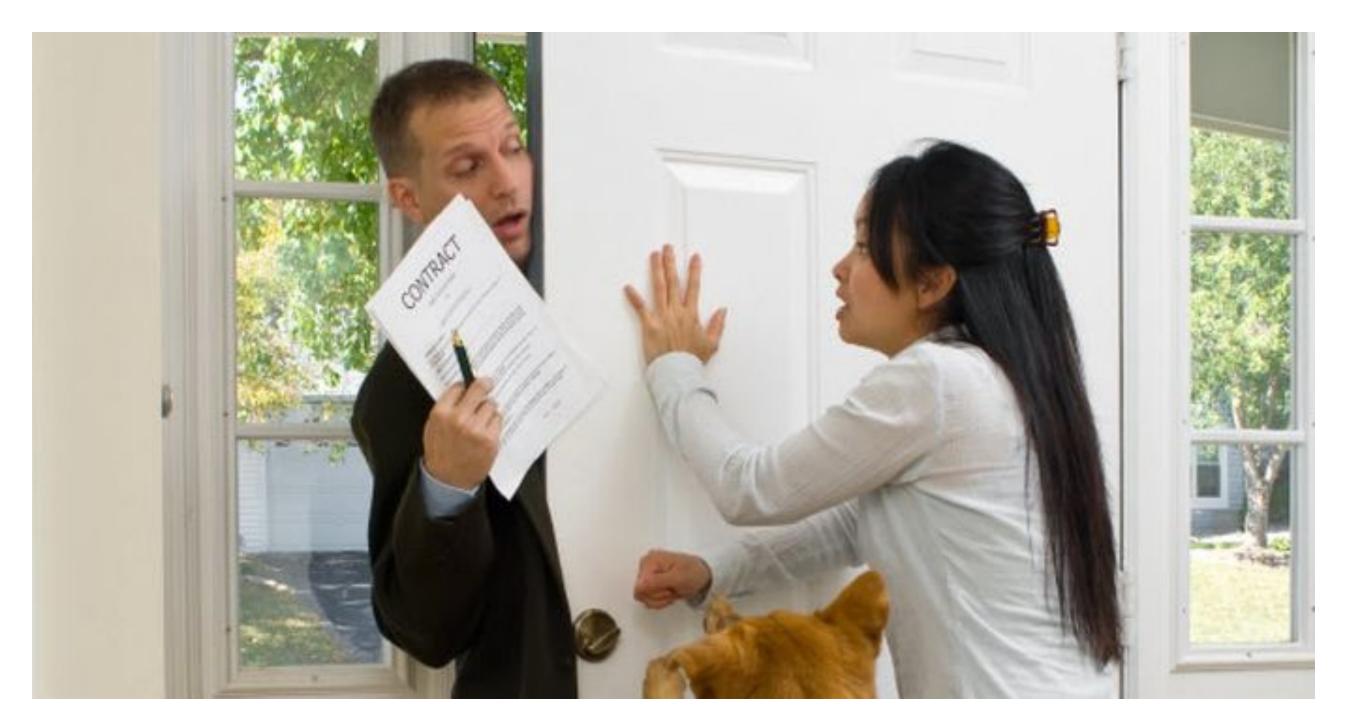




25 instances across 24 websites.

Is any of this new?







- Scale
- Sophistication
- Variety

What can we do about dark patterns?



DECEIVED BY DESIGN

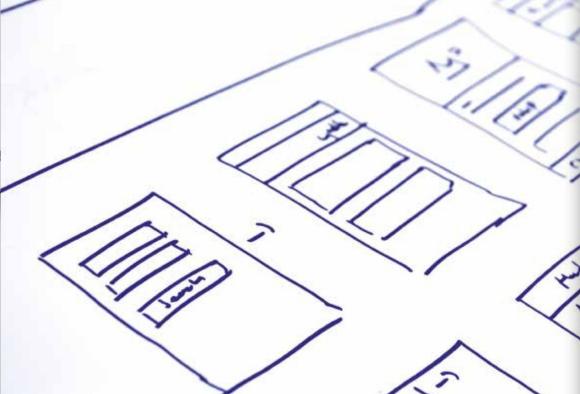
How tech companies use dark patterns to discourage us from exercising our rights to privacy 27.06.2018





Shaping Choices in the Digital Wo

From dark patterns to data protection: the influence of ux/ui design on user empowerment



How to Spot Manipulative 'Dark Patterns' **Online**

Hard-to-find settings and confusing language can lead you to buy, share, or receive more than you want. This guide can help.

January 30, 2019











Anyone who's tried to close an Amazon account knows that breaking up is

Legal Solutions

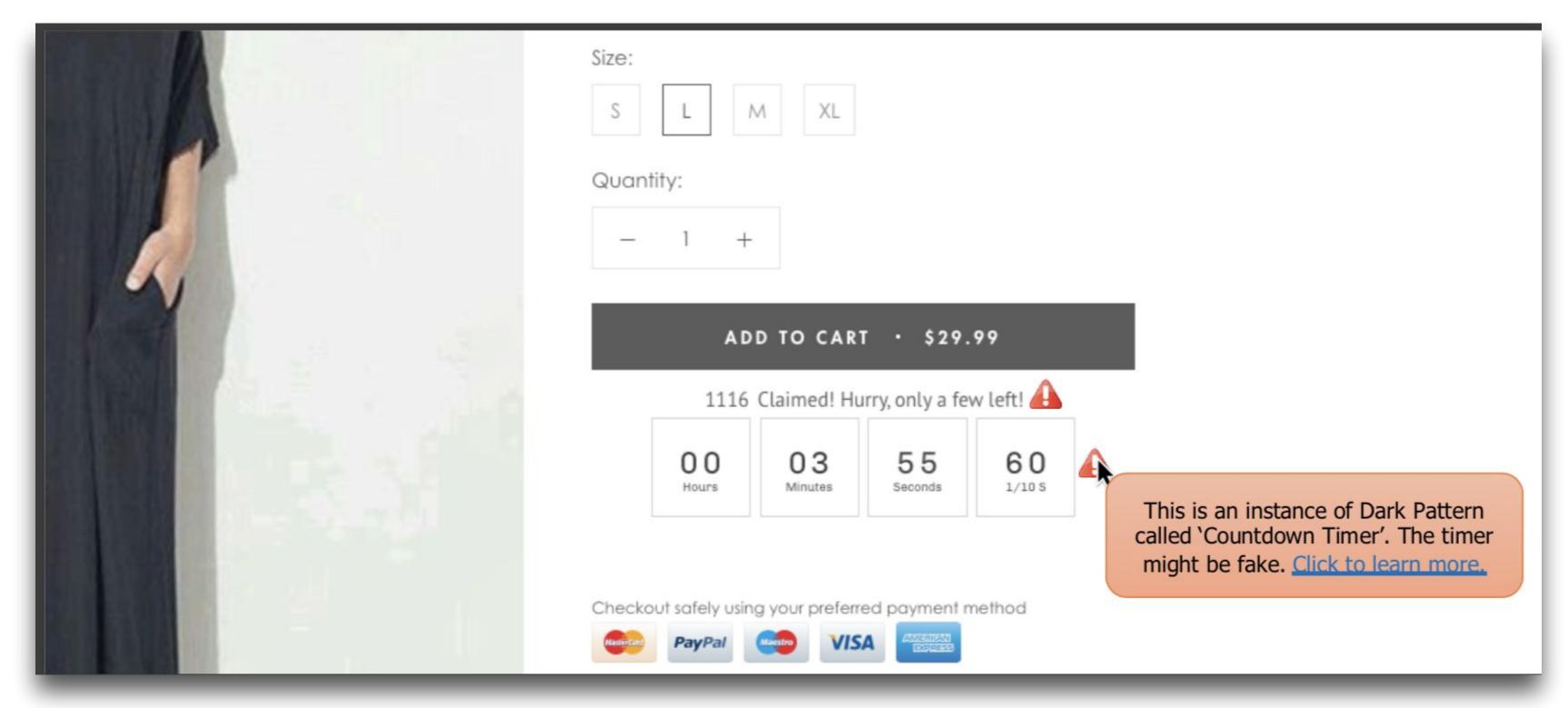
- 1. GDPR Consent dialogs (not freely given?)
- 2. US Federal Trade Commision Act (deceptive practices)
- "Sneaking" and "aggressive" dark patterns violate the Consumer Rights Directive in the UK.
- 4. Industry specific rules in the United States: ROSCA, Funeral Rule, Used Car Rule.

Legal Solutions



Proposed DETOUR act reins in more broadly against design that "obscures, subverts, or impairs user autonomy and decision-making".

Technical Solutions



Browser extension to alert users about dark patterns, or block third-parties that enable dark patterns

Thank you for listening

Gunes Acar

https://webtransparency.cs.princeton.edu/dark-patterns







